

**Sunday**

**11:00 AM The Ties That Bind**

644 Frederick Street, Hagerstown, MD  
(O) LC/4BT

**3:00 PM End of the Road**

St. John Luthern Church  
141 S. Potomac Street, Hagerstown, MD  
(O) LS - 90 min.

**5:15 PM Foundations Group**

Callahan Counseling Services  
1020 Winchester Avenue, Martinsburg, WV  
(O) 1L/2LC/3SP/4ST/5JFT

**6:00 PM Surrender To Win**

VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) SP - 75 min.

**6:00 PM Free At Last**

St. Marks Episcopal (Rt. 9 & Rt. 522)  
180 S. Washington Street, Berkeley Springs, WV  
(O) D/L

**6:00 PM Miracles do Happen**

St. James Catholic Church  
49 Crosswinds Drive, Charles Town, WV  
Auxillary Bldg behind Church  
(O) D, JFT/WC

**7:15 PM Stay in the Light Group**

United Reform Church, Annex Building Basement  
113 Burke Street, Martinsburg, WV  
(O) D/ST/BT/JFT - 75 min.

**Key for Meeting Type**

- 12&12 *Twelve Steps & Twelve Trad. Study*
- AB *Ask the Basket*
- BM *Beginners' Meeting*
- BT *Basic Text*
- BTHW *Basic Text and How and Why*
- C *Closed Addicts Only*
- CL *Candlelight*
- Con *Concepts*
- CS *California Style*
- D *Discussion*
- E *Español*
- JFT *Just for Today Meditation*
- L *Literature, Basic Text, and/or Information pamphlet study*
- LC *Living Clean*
- LS *Lead Share 15 - 30 min. lead*
- NEW *Newcomer*
- O *Open All are Welcome*
- PT *Pass Topic*
- SP *Speaker Meeting*
- ST *Step Study*
- SW *Step Writing*
- T *Tradition*
- WC *Wheelchair accessible*

Just for Today-Living the Program

Tell Yourself:

Just for Today my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for Today I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.

Just for Today I will have a program. I will try to follow it to the best of my ability.

Just for Today through N.A. I will try to get a better perspective on my life.

Just for Today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life.

So long as I follow that way I have nothing to fear.

**Phone Numbers  
Get them and use them!**

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**Almost Heaven Area  
Meeting List**



**Winter 2019**

*That no addict seeking recovery need ever die.*

<http://almostheavenareana.org>  
More Info Email: [ahana-pr@outlook.com](mailto:ahana-pr@outlook.com)

Almost Heaven Area  
P.O. Box 2641  
Martinsburg, WV 25402  
Meeting Info: (800) 777-1515

**Local Service Unit  
Policy, Convention  
And Literature Distribution**

*Show up and help to Carry our message to addicts and  
In our local community  
Be a part of the "WE" of Narcotics Anonymous  
To further our Primary Purpose to Carry our Message*

Area Service Meetings  
Held the First Saturday of the month at 1:30 PM  
July and August will be the Second Saturday

Resources Center  
400 W. Stephen Street • Martinsburg, WV

**All Meetings are Non-Smoking unless noted**  
**All Meetings are 60 minutes unless noted**

## Monday

### **12:00 PM Not High at Noon Group**

Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) D WC - 75 min.

### **6:00 PM Surrender To Win**

VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) Q&A - 75 min.

### **7:00 PM Hope and Gratitude Group**

Robert W. Johnson Community Center  
109 West North Avenue, Hagerstown, MD  
(O) NEW - 90 min.

### **8:00 PM Never Alone Never Again Group**

Asbury United Methodist Church  
110 North Street, RM 105, Charles Town, WV  
(O) D/JFT - 75 min.

## Tuesday

### **10:30 AM We Do Recover**

644 Frederick Street, Hagerstown, MD  
(O) D/L

### **12 :00 PM Living The Program**

Mt. Zion Methodist Church  
530 W. Martin Street - Rec Center Lower Level,  
off Tuskegee Ave. - Martinsburg, WV  
Beginner's Mtg First Week of every Month  
(O) Open Discussion - 75 min.

### **6:00 PM Surrender To Win**

VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(C) AB/L - 75 min.

### **7:00 PM New Hope Group**

Otterbein United Methodist Church  
549 N Queen Street, Martinsburg, WV 25404  
In back of church, 2nd parking Lot, In Basement  
(O) 1ST/2D/3T/4L/5JFT

### **7:30 PM The End of the Road Group**

Saint John Lutheran Church  
141 South Potomac Street, Hagerstown, MD  
(O) D/PT (Men's/Women's Rap) - 75 min.

### **8:00 PM We Believe in Miracles Group**

Duncan Memorial U.M.C.  
210 E. Main Street, Berryville, VA  
(O) 1L/2BT/3ST/4LS/5D WC

## Wednesday

### **10:30 AM We Do Recover**

644 Frederick Street, Hagerstown, MD  
(O) ST/L

### **12:00 PM Not High at Noon Group**

Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) D WC - 75 min.

### **6:00 PM Surrender To Win**

VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) ST 1-12 - 75 min.

### **7:30 PM Keep It Simple Group**

Calvary United Methodist Church  
220 W. Burke Street, Martinsburg, WV  
(O) D 1LS/2L/3OD/4ST-1/5JFT BM

### **7:30 PM The End of the Road Group**

Saint John Lutheran Church  
141 South Potomac Street, Hagerstown, MD  
(O) 1LS/2D/3L/4ST/5JFT

### **7:30 PM It's A Brand New Day Group**

Charles Town Baptist Church  
203 S. Mildred Street, Charles Town, WV  
Main Entrance door off Mildred St. Parking Lot  
(O) D/JFT/L/AB/LS

## Thursday

### **10:30 AM We Do Recover**

644 Frederick Street, Hagerstown, MD  
(O) Wk 1-3 M/W, Wk 4 LC

### **12:00 PM Not High at Noon Group**

Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) PT WC - 75 min.

### **6:00 PM Surrender To Win**

VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) JFT - 75 min.

### **7:00 PM Hope and Gratitude Group**

Robert W. Johnson Community Center  
109 West North Avenue, Hagerstown, MD  
(O) SP/D - 90 min.

### **7:30 PM Just for Today Group**

St. Lukes United Methodist Church  
700 New York Avenue, Martinsburg, WV  
(O) 1ST/2D/3JFT/4L/5D

## Friday

### **12:00 PM Not High at Noon Group**

Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) L WC - 75 min.

### **6:00 PM Surrender To Win**

VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) D/L/JFT

### **7:00 PM Hope and Gratitude Group**

Robert W. Johnson Community Center  
109 West North Avenue, Hagerstown, MD  
(O) ST 1-3/L - 90 min.

### **7:30 PM Steps to Recovery**

400 W. Stephen Street, Martinsburg, WV  
(O) D/WC

### **8:15 PM Start to Live Group**

Trinity Episcopal Church  
German & Church Street, Shepherdstown, WV  
(O) CL/1JFT/2ST/3D/4PT/5L-WC - 75 min.

## Saturday

### **10:00 AM To Tell The Truth**

Hagerstown Memorial Recreation Center  
109 W. North Avenue, Hagerstown, MD  
Mens Meeting  
(C) D - 75 min.

### **12:00 PM A New Way of Life**

644 Frederick Street, Hagerstown MD  
(O) L

### **12:00 PM Not High at Noon Group**

Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
WC ST - 90 min.

### **6:00 PM New Image**

525 George Street, Hagerstown, MD  
behind Salvation Army  
(O) 12&12 - 90 min.

### **7:00 PM Saturday Nite Live Group**

United Reform Church  
113 E. Burke Street, Martinsburg, WV  
(O) D/L