**Sunday**

11:00 AM  *The Ties That Bind*  
644 Frederick Street, Hagerstown, MD  
(O) LC/4BT

3:00 PM  *End of the Road*  
St. John Luthern Church  
141 S. Potomac Street, Hagerstown, MD  
(O) LS - 90 min.

5:30 PM  *Foundations Group*  
Callahan Counseling Services  
1020 Winchester Avenue, Martinsburg, WV  
(O) 1L/2LC/3SP/4ST/5JFT - 75 min.

6:00 PM  *Surrender To Win*  
VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) SP - 75 min.

6:00 PM  *Free At Last*  
St. Marks Episcopal (Rt. 9 & Rt. 522)  
180 S. Washington Street, Berkeley Springs, WV  
(O) D/L

6:00 PM  *Miracles do Happen*  
St. James Catholic Church  
49 Crosswinds Drive, Charles Town, WV  
Auxiliary Bldg behind Church  
(O) D, JFT/WC

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**Key for Meeting Type**

12&12  
Twelve Steps  
& Twelve Trad. Study

AB  
Ask the Basket

BM  
Beginners’ Meeting

BT  
Basic Text

BTHW  
Basic Text and How and Why

C  
Closed Addicts Only

CL  
Candelight

Con  
Concepts

CS  
California Style

D  
Discussion

E  
Español

JFT  
Just for Today Meditation

L  
Literature, Basic Text, and/or Information pamphlet study

LC  
Living Clean

LS  
Lead Share 15 - 30 min. lead

NEW  
Newcomer

O  
Open All are Welcome

PT  
Pass Topic

SP  
Speaker Meeting

ST  
Step Study

SW  
Step Writing

T  
Tradition

WC  
Wheelchair accessible

Just for Today-Living the Program

Tell Yourself:

Just for Today my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for Today I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.

Just for Today I will have a program. I will try to follow it to the best of my ability.

Just for Today through N.A. I will try to get a better perspective on my life.

Just for Today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life.

So long as I follow that way I have nothing to fear.
Monday

12:00 PM Not High at Noon Group  
Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) D WC - 75 min.

6:00 PM Surrender To Win  
VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) Q&A - 75 min.

7:00 PM Hope and Gratitude Group  
John Wesley UMC  
129 N. Potomac St., Hagerstown, MD  
(O) NEW - 90 min.

8:00 PM Never Alone Never Again Group  
Asbury United Methodist Church  
110 North Street, RM 105, Charles Town, WV  
(O) D/JFT - 75 min.

Tuesday

10:30 AM We Do Recover  
644 Frederick Street, Hagerstown, MD  
(O) D/L

12:00 PM Living The Program  
Mt. Zion Methodist Church  
530 W. Martin Street - Rec Center Lower Level,  
off Tuskegee Ave. - Martinsburg, WV  
Beginner’s Mtg First Week of every Month  
(O) Open Discussion - 75 min.

12:00 PM Not High at Noon Group  
Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) PT WC - 75 min.

6:00 PM Surrender To Win  
VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) ST 1-12 - 75 min.

Wednesday

10:30 AM We Do Recover  
644 Frederick Street, Hagerstown, MD  
(O) ST/L

12:00 PM Not High at Noon Group  
Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) D WC - 75 min.

6:00 PM Surrender To Win  
VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) ST 1-12 - 75 min.

Thursday

10:30 AM We Do Recover  
644 Frederick Street, Hagerstown, MD  
(O) Wk 1-3 M/W, Wk 4 LC

12:00 PM Not High at Noon Group  
Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) SP/D - 90 min.

Friday

12:00 PM Not High at Noon Group  
Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
(O) L WC - 75 min.

6:00 PM Surrender To Win  
VA Medical Center  
510 Butler Avenue, Martinsburg, WV  
White Trailer #313T right beside the Post Theater  
(O) D/L/JFT

Saturday

10:00 AM To Tell The Truth  
Hagerstown Memorial Recreation Center  
109 W. North Avenue, Hagerstown, MD  
Mens Meeting  
(C) D - 75 min.

12:00 PM A New Way of Life  
644 Frederick Street, Hagerstown MD  
(O) L

12:00 PM Not High at Noon Group  
Destiny Church  
115 N. Raleigh Street, Martinsburg, WV  
WC ST - 90 min.

6:00 PM New Image  
525 George Street, Hagerstown, MD  
behind Salvation Army  
(O) 12&12 - 90 min.