

## ALMOST HEAVEN AREA –ASC January 4, 2020

Meeting was opened at 1:40pm with a moment of silence followed by the Serenity Prayer. The 12 Traditions, The 12 Concepts, and the Purpose were read.

<b>Roll Call</b>	<b>Dec-19</b>	<b>Jan-20</b>
A New Way of Life	A	A
End of the Road	A	P
Foundation Group	P	A
Free at Last	A	A
Hope and Gratitude	P	P
It's a Brand New Day	P	P
Just for Today	P	A
Keep it Simple	P	P
Living the Program	A	A
Miracles Do Happen	A	A
Never Alone Never Again	A	A
New Hope-	P	P
New Image	P	P
Not High at Noon-	P	P
Saturday Nite Live	A	A
Start to Live	P	P
Surrender to Win	P	P
The Ties that Bind	A	A
To Tell the Truth	P	A
We Believe in Miracles	A	P
We Do Recover	A	A

Chair -**P**

Vice-Chair -**O**

Secretary-**P**

RCM -**O**

RCM-Alt-**O**

VRCC Rep- **O**

Treasurer-**P**

Convention-**O**

Literature-**P**

Policy-**P**

**1<sup>st</sup> Quorum was met with 10 GSR's present & 2<sup>nd</sup> Quorum was met with 10 GSR's present  
Minutes were read and approved as read.**

### **Groups not present for the past 2 months:**

A New Way of Life: Still meeting

Free at Last: Still meeting

Living the Program: Still meeting

Miracles Do Happen: Still meeting.

Saturday Nite Live: Still meeting.

The Ties that Bind

We Do Recover

**Chair Report:** I attended LSU.

ILS,  
Chris F.

**Vice Chair Report:** No Report due to the position being open

**Treasurer Report:** No Report submitted

### **GSR's Reports**

#### ***End of the Road – Jason S.***

Date and Time of Meeting: Sun. 3:00 to 4:30pm, Tues. 7:30 to 8:45, Wed. 7:30 to 8:30

Average Number in-group: 34

Total Newcomers last month: 13

Any Needs or Problems: none

Upcoming Home group Plans: Karen T 13yr 1/5/20,

Number of Home group members in regular attendance: 7

Any Home Group Positions open: Treasurer

Area Donation: \$0.00

#### ***Hope and Gratitude – John C.***

Date and Time of Meeting: Mon., Thurs., & Fri. 7 to 8:30pm

Average Number in-group: 45

Total Newcomers last month: 10

Any Needs or Problems: No

Upcoming Home group Plans: None

Number of Home group members in regular attendance: 8

Any Home Group Positions open: No

Area Donation: \$7.30

#### ***It's a Brand New Day – Thom's G.***

Date and Time of Meeting: Wed. 7:30 to 8:30pm

Average Number in-group: 15

Total Newcomers last month: 2

Any Needs or Problems: No

Upcoming Home group Plans:

Number of Home group members in regular attendance: 3

Any Home Group Positions open: No

Area Donation: \$10.00

#### ***Keep it Simple – Vernon S.***

Date and Time of Meeting: Wed. 7:30 to 8:30pm

Average Number in-group: 35

Total Newcomers last month: 2

Any Needs or Problems: No

Upcoming Home Group Plans: None

Number of Home group members in regular attendance: 10

Any Home Group Positions open: No

Area Donation: \$15.00

***New Hope – Melody B.***

Date and Time of Meeting: Tues. 7 to 8pm  
Average Number in-group: 15  
Total Newcomers last month: 1  
Any Needs or Problems: none  
Upcoming Home group Plans: None  
Number of Home group members in regular attendance: 7  
Any Home Group Positions open: No  
Area Donation: \$20.00

***New Image – Jocelyn H***

Date and Time of Meeting: Sat. 6:00 to 7:30pm Step/Tradition  
Average Number in-group: 25  
Total Newcomers last month: 2  
Any Needs or Problems: No  
Upcoming Home group Plans: Jocelyn H 3yrs 1-11-20  
Number of Home group members in regular attendance: 6  
Any Home Group Positions open: No  
Area Donation: \$14.00

***Not High at Noon – Joseph H.***

Date and Time of Meeting: Mon, Wed, Thurs, Fri, Sat. 12 to 1:15pm  
Average Number in-group: 10  
Total Newcomers last month: 4  
Any Needs or Problems: none  
Upcoming Home group Plans: reginal 25yrs  
Number of Home group members in regular attendance: 5  
Any Home Group Positions open: No  
Area Donation: \$0.00

***Start to Live – Erick C.***

Date and Time of Meeting: Fr. 8:15 to 9:15pm  
Average Number in-group: 16  
Total Newcomers last month: 3  
Any Needs or Problems: none  
Upcoming Home group Plans: Sara J. 1yr Jan. 31, Jan 10<sup>th</sup> 6:30pm Gratitude Dinner  
Number of Home group members in regular attendance: 8  
Any Home Group Positions open: No  
Area Donation: \$5.00

***Surrender to Win – Pamela E.***

Date and Time of Meeting: Sun. thru Fri. 6 to 7:15pm  
Average Number in-group: 15  
Total Newcomers last month: 20  
Any Needs or Problems: none  
Upcoming Home group Plans: Tony P celebrating 2yrs 1/5/20, Lorenzo 1yr  
Number of Home group members in regular attendance: 5  
Any Home Group Positions open: No  
Area Donation: \$20.00

***We Believe in Miracles – Don V.***

Date and Time of Meeting: Tues. 8pm

Average Number in-group: 4

Total Newcomers last month: 0

Any Needs or Problems: Support

Upcoming Home Group Plans: 1/7/20 Rob W. 22yrs

Number of Home group members in regular attendance: 3

Any Home Group Positions open: Yes

Area Donation: \$43.00

**RCM Report-** The RSC {regional service conference} met on Dec 21 2019 in Charlottesville VA. During open forum there was a lot of discussion regarding Zoom web meeting for the last subcommittee meeting, where members were having trouble staying connected thru zoom to attend, vice chair was addressing the issue and was going to try and make sure that it didn't happen again. Also had concerns of the area hosting the subcommittees opening up the meeting place and the leaving.

Old business:

Motion 195-2 Almost heaven 2nd: Roland C

For any Regional Event/Workshop being held in all four quadrants of the Region (ie CAR, CAT, strategic planning) that the RCMs of the particular quadrant be included in the decision making as to which area will host the event. If more than one area is interested in hosting the event and has a location that meets the required criteria for meeting space, ie WiFi, etc, that a ballot drawing be performed at the Regional Service Conference.

Intent: To allow the RCM to have a voice as to what area hosts regional events for unity and inclusion and to honor the 12th tradition and eliminate possible principle over personalities perception. **Passed 0-8-0**

Motion 199-6 **Mover:** RD Team 2nd Michael L Survey monkey was used to improve our ability to take the conscience of the members at the region directly and efficiently during the regional planning process. Money matter: **Intent:** To provide the funds necessary to allow multiuser use of survey monkey. Motion: To budget \$900.00 for the purchase of a one year 3 user subscription to survey monkey which will provide us with the technological capability to directly take the conscience of the of the CARNA region. **Passed: 2-6-0**

Regional Yearly Budget **Passed 1-7-0**

Open positions:

Treasurer, Vice-Treasurer, Policy, H&I

New Business

There were several budget request motions made from the RD team, that is within each RD's budget. For them to be able to carry out their duties over the next several months. they were all passed. Because it is not stated within the regional guidelines regarding yearly proposed budget be into a motion. The regional chair requested that a motion be made regarding the regional yearly proposed budget so that we could actually vote on it. Motion was made by the Treasurer and seconded by Almost Heaven.

Central Atlantic Region (our region) will be hosting the upcoming Autonomy Zonal Forum on January 25-26 2020 in Charlottesville VA. The same exact place where the RSC is held. We have some flyers here today, please make sure every homegroup present gets one. We are submitting a budget request for gas reimbursement for \$17.50

Beginning Bal: \$250.00, Budget request \$17.50 Ending Bal: \$232.50

Also have the report that was given at the RSC from our area.

Next RSC will be February 15<sup>th</sup> 2020 in Charlottesville VA.

Thanks, ILS,  
Jennifer D.

#### Almost Heaven Area Report

Hi Everyone

We have 21 groups, with an average of 10 GSR's present at area

Our ASC meets the first Saturday of the month except July and August and then it's the second.

We have several positions open: Vice Chair, RCM, RCM-Alt, VRCC Rep, and convention chair.

The following were elected in Nov. ASC Chair, Treasurer and Secretary:

Our Area Service had to find a new location due to change of admin at the facility we had been using and they didn't want to spend the money having someone there on Saturdays. It was held in a county facility We will now be meeting in Martinsburg, WV at Immanuel's House. They didn't want any money but we said we would make a donation to the House.

LSU Report H&I: Rob H&I coordinator looking into doing orientation, gave him all information. Anyone interested ask for number.

Public Relations has been working with the admin of the Mountaineer Recovery Center for the past two months. We are scheduled to take our first meeting in on December 16<sup>th</sup>. We still need members to go into the Paloma Detox center. Still working on this with H&I. PR is schedule to be a part of a panel discussion at the Maryland Theater in Hagerstown, MD. We are in the Health and Wellness part of a full day event. The hope to set up a table there. The Area Chair along with the PR facilitator will be the attendees with the Area Chair on the panel for NA...

PR Task Group: Next PR 12-10-19

Our Special Events Task Group has tickets available for our NY eve Dance being held in Martinsburg, WV

The, Start to Live Group will be hosting a Gratitude Dinner on January 10<sup>th</sup> 2020 @6:30pm in Shepherdstown, WV

Our Next ASC will be January 4<sup>th</sup> 2020 @1:30pm.

We have a Nov donation of: \$98.57

We went over Prudent Reserve at Dec. ASC.

For a total of \$98.57

In Service

Jennifer D. (RCM Pro-tem)

Good Morning: Gentleman

As the RCM (Pro-tem), I have some info that I need to have answered.

The request came for our Regional Delegate Team.

How many H&I panels take place each week in the area/region? (Please count panels facilitated by all service bodies, not just the RSC.) (Numbers only)

If someone could please answer this question and email me back so I can forward your answer to the RD Team, I would really appreciate it a lot.

Thanks,

**RCM Alt. Report-** None

### **STANDING COMMITTEE REPORTS**

**Convention Report:** Convention committee meet 12-15-19. Present at the meeting were the Treasurer, Registration Chair, PI Arts & Graphics, Friday Night Meals and Merchandise Chair.

At that time the Entertainment Chair informed the committee that he would not be able to fulfill his position due to many obligation/work. The following positions are open. Chair, Vice Chair, Secretary, Entertainment Chair Serenity Keepers, Hospitality, Program Chair, and Duties & Responsibilities. The timeline was reviewed and we are on course. The theme contest was conducted and the theme for this year's convention is "Recovery is Possible". The logo contest has begun and there are fliers here today.

Convention Treasurer's report:

No money was spent this month. The beginning balance was \$23,563.94 and there were no expenditures leaving the ending balance of \$23,563.94 in the main account

Beginning balance on the debit card is \$2,000 and the ending balance is the same.

Convention and Subcommittee meetings

Full Convention Committee meeting January 19, 20 @ 12:30 pm

Registration meeting after New Hope on January 14, 20 @ 8:15pm

PI Arts & Graphics meeting after Keep it Simple on January 8, 2 @ 8:30

Friday Night Meal meeting after The Ties That Bind on January 12, 20 @ 12:30 pm

Merchandise meeting after The Foundations Meeting January 5, 20 @

ILS

Little Dave

### Literature Report:

Beginning Balance	\$697.87
Literature Deposit	<u>\$494.53</u>
Balance	\$1192.40
Literature Ordered	<u>\$645.30</u>
Current Balance	\$547.10

ILS,

LaRue N.

### LSU Report:

- H&I: Rob H&I coordinator looking into doing orientation, gave him all information. Anyone interested ask for number.
- PR Task Group: The PR Task Group met on December 16, 2019, at 6:30 pm at the Daily Grind

Review and update of Tasks:

Reviewed the meeting list with updates.

We are happy to announce that we have been able to work with Mountaineer Recovery Center to get H&I meeting up and running.

January the 11 we will be at the Maryland Theatre, 21-27 South Potomac Street Hagerstown, Md 21740, [www.mdtheatre.org](http://www.mdtheatre.org), for the Health and Wellness Summit We were given a limited amount of tickets to handout at the event. Please contact David W. at 301-302-5767 so that I can meet you at the door if you would like to get a ticket. The event starts at 10 am and we will be there at 8 am.

We are beginning to look at the Public Relations week and will make plans to have events.

Next PR task Group meeting at the Daily Grind 778 Foxcroft Ave., Martinsburg, WV, on January 20, 2020 ...Please help carry our message into the community.

ILS,

Almost Heaven Area Public Relations Task Group

Almost Heaven Area

Narcotics Anonymous

- Special Events: New Year's Eve Dance Report

Hello Area,

Thank you for coming together to make the Almost Heaven Area New Year's Eve Dance 2019 a success. The following is a breakdown of the money spent, # of tickets sold and the amount being handed in today.

	Budgeted	Spent
DJ	\$300	\$300
Facility	\$350	\$100
Food & Soda	\$250	\$222.98
Decorations	\$50	\$18
Tickets/Raffle	\$100	\$0
Janitor	\$50	\$50
Fliers	\$20	\$0
Total	\$1,120	\$690.98
		-58.83
		\$632.15

We were able to be \$487.85 under the projected budget

We collected \$88 in raffle tickets and split that in half to take in \$44

We sold 49 ticket total.

We are turning in \$707.83

One recommendation for next year, would be, in order to get a better total of the number of tickets sold and the price, document single tickets sold and double tickets sold. This would take more work on the part of those that helped sale tickets, but would allow us to provide a report that would document the amount of money brought in through ticket sells. Sorry that we did not think of this sooner.

In Loving Service

Special Events

- Next LSU 1-27-20 after Never Alone Never Again

**Policy Report:** Policy Report for December 7 – January 4

The Policy Subcommittee of the Almost Heaven Area of Narcotics Anonymous met on Monday, December 9, before Never Alone Never Again. Two members were in attendance. The motion that was returned to policy in November is still under review. The next policy meeting will be on Friday, January 24, at 7 pm before Start to Live. All are encouraged to attend.

ILS - Kurtz

**Old Business**

**Area:**

1: After the Treasurer report, the area was informed by the Chair that the Secretary did not want to be added to the bank account as a signature. The groups decided that the Secretary (Jennifer D.) will not be added, however the RDA2 (Sherry V.) will remain on as a signature. Passed on floor unanimously.

2: Discussion on the Vice Chair position, several members thought it was to much for one person to handle, another member mentioned about having 2 vice chairs, one for the LSU and the other one for the rest of the responsibility. However, nothing changed.

**Budget Request:**

1 The RCM is submitting a budget request for \$17.50 for gas reimbursement to the 200 regional Service Conference. Beginning Bal: \$250.00, Budget request: \$17.50, Ending Bal: \$232.50

**Trusted Servants Nominations/ Elections****Area:****Vice Chair: Open****RCM: Open****RCM Alt: Open****VRCC Rep: Open****Convention Chair: Open****Region:**1-**Vice treasurer:** Open (since 173rd) no nominees at 198.2-**Policy chair:** -No nominations.3-**H&I:** - No nominations4-**Treasurer:** No nominations**New Business****AREA:**

1: H&I: Member had question, decided to go to the LSU, get any info regarding H&I come to the LSU, hopefully we can get the H&I Coordinator to be there.

2: Convention: Lack of Service; send out questionnaire to homegroups, Question was why doesn't anyone talk about service, start talking about service in a more positive way. Have a workshop. have an area workshop- questionnaire. Commit/willingness, everyone take it back and get suggestions. Speaker jam

Final outcome: After a motion was being made for a speaker jam, it was sent to LSU because it's a special event. Crystal C. said she would be point of contact and will attend the LSU

**ANNOUNCEMENTS**

- 1/8 PI Arts & Graphics @ 8:30pm @Keep it Simple
- 1/20 PR @ 6:30pm @ Daily Grind
- 1/24 Policy before Start to Live @7pm
- 2/29 Reginal H. 25yrs Not High at Noon
- 1/14 Registration after New Hope
- 1/12 Friday Night Meal after The Ties That Bind
- 1/19 Full Convention Committee meeting @ Ties that Bind @ 12:30pm
- 1/27 LSU @ Never Alone Never Again
- 1/7 Rob W. 22yrs We Believe in Miracles
- 1/5 Tony F. 2yrs Surrender to Win
- 1/5 Karen T. 13yrs End of the Road
- 1/10 Lorenzo P. 1yr Surrender to Win
- 2/21 Byron S. 1yr Hope and Gratitude
- 1/5 Merchandise after Foundation Group
- 1/10 John C 3yrs @ Hope & Gratitude



- 1/10 Gratitude Dinner @ 6:30pm at Start to Live  
 1/11 Jocelyn H. 3yrs @ New Image  
 1/24 Joy F. 31yrs @ Hope & Gratitude  
 1/31 Sarah J. 2yrs @ Start to Live  
 2/2 Krissy J. 5yrs @ Foundation Group

### ATTENDANCE

Chris F.	<a href="mailto:diesellife38@gmail.com">diesellife38@gmail.com</a>	Chair
Crystal C.	<a href="mailto:cncampos@live.com">cncampos@live.com</a>	Treasurer
Don V.	<a href="mailto:dvorbach@comcast.net">dvorbach@comcast.net</a>	GSR – We Believe in Miracles
Erick C.	<a href="mailto:erickchandler@hotmail.com">erickchandler@hotmail.com</a>	GSR – Start to Live
Jennifer D.	<a href="mailto:dorseyjenn4@gmail.com">dorseyjenn4@gmail.com</a>	Secretary
Melody B.	<a href="mailto:barkleymelody56@gmail.com">barkleymelody56@gmail.com</a>	GSR Alt - New Hope
Joseph H.	<a href="mailto:joseph448ph@gmail.com">joseph448ph@gmail.com</a>	Not High at Noon
Kurtz W.	<a href="mailto:jkurtz76@rocketmail.com">jkurtz76@rocketmail.com</a>	GSR Alt - Start to Live
LaRue N.	<a href="mailto:laruenelson@yahoo.com">laruenelson@yahoo.com</a>	Literature Chair
Dave W.	<a href="mailto:dWASHINGTON365@hotmail.com">dWASHINGTON365@hotmail.com</a>	
Pam E.	<a href="mailto:pamelae304@comcast.net">pamelae304@comcast.net</a>	GSR- Surrender to Win
Sherron C.	<a href="mailto:sherron1chat@aol.com">sherron1chat@aol.com</a>	GSR – Interested other, STW
John C.	<a href="mailto:johnclaybon2nd@gmail.com">johnclaybon2nd@gmail.com</a>	GSR – Hope and Gratitude
Jocelyn H.	<a href="mailto:jradams243@gmail.com">jradams243@gmail.com</a>	GSR Alt - New Image
Thom'as G.	<a href="mailto:tho_masg@hotmail.com">tho_masg@hotmail.com</a>	GSR Alt - It's a Brand New Day
Jason S.	<a href="mailto:jrestoration918@gmail.com">jrestoration918@gmail.com</a>	GSR – Ed of the Road
Vernon S.	<a href="mailto:vavs55@hotmail.com">vavs55@hotmail.com</a>	GSR - Keep it Simple

**Area Service will be held on Saturday  
 February 1<sup>st</sup>, 2020 @ 1:30 p.m. @ Emmanuel House  
 713 Buxton St Martinsburg, WV.**

In Loving Service,  
 Jennifer D.