

Almost Heaven Area

January 14, 2023

Meeting was opened with a moment of silence, followed by the Serenity Prayer. Vision for NA Services read by David W. The 12 Traditions were read by Dan D. The 12 Concepts were read by Allen W., and the Purpose was read by Dora R.

Roll Call:

Addicts Welcome:	P	P
End of the Road:	P	P
Foundations Group:	A	A
Free At Last:	P	P
Hope & Gratitude:	P	P
It's a Brand New Day:	A	A
Keep it Simple:	P	P
Miracles do Happen:	P	P
Never Alone Never Again:	P	P
New Hope:	P	P
New Image:	P	P
Not High at Noon:	P	P
Start to Live:	P	P
Surrender to Win:	P	P
To Tell the Truth:	P	P

Trusted Servants:

Chair:	P	P
Vice-Chair:	O	O
Secretary:	P	P
RCM:	O	O
RCM-Alt:	P	P
VRCC:	O	O
Convention:	O	O
Literature:	P	P
Policy:	P	P

Quorum met with 14 GSR's present.

Recognition of New Attendees and Interested Others:

Tricia D. – STL	Tanner B. – Free At Last	Eric B. – MDH	Josh H. – H&G
Owen – H&G	Rob D. – H&G	Cara D. – H&G	Shakena H. – H&G
Travis W. – H&G	Alva M. – H&G	Melvin – H&G	

Secretary's Report and Approval of Minutes:

Secretary's Report 1/14/23

Hi Family,

The area minutes were sent out on December 4, 2022. I would like to apologize for the errors that were found after I sent them out and would like to make a motion to amend to reflect that there was no secretary's report given for the month of December so that portion needs to state as such:

Secretary's Report and Approval of Minutes: No report given.

The business at last area was as follows:

Old Business

Area:

- End of The Road Motion to Meet Every Other Month in Hagerstown. 0-abstentions, 9 yes, 1 no. Motion Passes. Rotation will begin Jan 2023 (Please see announcements for location)
- Budget Motion- Passes with 2 abstentions, 7 yes, 1 no. Motion passes.
- QR Code Cards- QR code cards were given to all homegroups
- Meeting Request Hagerstown Housing Authority Karen- Chair will contact the PR Chair to place request.

Region: No old business

New Business:

Area:

- John C. will take on a task to research for a cheaper option for PO Box for the area.
- The area body voted for RCM-Alt to take a vote of confidence to the region in the event there is the ability to vote on the 2023 regional budget.
- Discussion on We Do Recover- A representative needs to present to answer questions from the groups. No change in status at this time from the discussion in the October 2022 minutes. Jenn D. will relay the information to the GSR.

We have 4 motions to vote on today which were included in the minutes sent on 12/4.

In short, they are:

1. To increase 2023 AHA budget
2. To inquire if we have the budget to pay for the entire years rent for both facilities every month and reduce the contribution amount we send onto the region, zone and world.
3. Motion to change the 2% shipping to 4% for literature orders after January 2023
4. To have any issues presented to facilitated areas meeting using the structure from Roberts Rules of Order-be read directly from the book and not someone's interpretation.

ILS,
Dora R.

Motion to approve minutes, with amendments, made by Monique E., New Image. Seconded by Sherron C., STW.

Chair's Report:

Almost Heaven Area
January 14, 2023
Chair's Report

Hi Everyone

This month I attended the PR task group which will be reported by the facilitator. I also facilitated as our guidelines say is my responsibility at this time until we get a vice chair the AHA convention. Info in a separate report.

The Autonomy Zonal Forum 2-day event will take place in Martinsburg, WV. Great way to get to know members of NA that are active in different levels of Service.

Also 7-9:00 on January 28, 2023 as part of the Entertainment for the day will be the History of Narcotics Anonymous given by Chris and Boyd. This presentation shows a lot of archival information. Hope all can attend to learn more about our Fellowship and also what the Autonomy Zone trains and mentors. Meet members in person.

ILS

Sherry V.
Chair, Almost Heaven area
svorbach@live.com

Vice-Chair's Report: No report

Homegroup Reports:

Addicts Welcome:

GSR Rep: Shawn C.

Date & Time of Meeting: Monday 7:30-8:30 pm. – hybrid

Average Number of Attendees: 10

Number of Homegroup Members in Attendance: 6

Total Number of Newcomers: 0

Does your homegroup have and needs or concerns at this time? No

Upcoming Homegroup Events: Shawn C. celebrates 20 years on 1/30. Jenn D. celebrates 35 years on 2/13.

Are there any homegroup positions vacant? No

Group Contribution to Area: \$35.60

End of the Road:

GSR Rep: Karen S.; Cedric W. – Alt GSR

Date & Time of Meeting: Tuesday from 7-8:15 & Sunday from 3-4:30

Average Number of Attendees: 10

Number of Homegroup Members in Attendance: 5

Total Number of Newcomers: 4

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: Karen T. celebrates 17 years on 1/15. Irwin T. celebrates 1 year on 1/22. Cedric W. celebrates 17 years on 2/12.

Are there any homegroup positions vacant?

Group Contribution to Area: \$0

Free At Last:

GSR Rep: Tanner B.

Date & Time of Meeting: Sunday from 6-7pm.

Average Number of Attendees: 3

Number of Homegroup Members in Attendance: 2

Total Number of Newcomers: 1

Does your homegroup have any needs or concerns? Support

Upcoming Homegroup Events: None

Are there any homegroup positions vacant? Coffee Maker

Group Contribution to Area: \$0

Hope & Gratitude:

GSR Rep: John C.

Date & Time of Meeting: Monday & Friday from 7-8:15pm

Average Number of Attendees: 38

Number of Homegroup Members in Attendance: 5
Total Number of Newcomers: 11
Does your homegroup have any needs or concerns at this time?
Upcoming Homegroup Events:
Are there any homegroup positions vacant?
Group Contribution to Area: \$0

It's A Brand New Day:

GSR Rep: Sherry R.
Date & Time of meeting: Wednesday from 7:30-8:30pm
Average Number of Attendees: 30
Number of Homegroup Members in Attendance: 10
Total Number of Newcomers: 4
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events:
Are there any homegroup positions vacant? No
Group Contribution to Area: \$49.00

Keep It Simple:

GSR Rep: Mike B.
Date & Time of Meeting: Wednesday from 7:30-8:30pm
Average Number of Attendees: 30
Number of Homegroup Members in Attendance: 11
Total Number of Newcomers: 8
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events: Zack J. celebrates 12 years on 3/15. Monique W. celebrates 4 years on 3/29.
Are there any homegroup positions vacant?
Group Contribution to Area: \$15.00

Miracles Do Happen:

GSR Rep: Bob S.
Date & Time of Meeting: Sunday, in person at 6-7pm. Wednesday, zoom only, 6-7pm.
Average Number of Attendees: 20
Number of Homegroup Members in Attendance: 12
Total Number of Newcomers: 8
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events: None
Are there any homegroup positions vacant? No
Group Contribution to Area: \$10.10

Never Alone Never Again:

GSR Rep: Monte H.
Date & Time of Meeting: Monday at 8pm.
Average Number of Attendees: 14

Number of Homegroup Members in Attendance: 6
Total Number of Newcomers: 6
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events: N/A
Are there any homegroup positions vacant? No
Group Contribution to Area: \$10.00

New Hope:

GSR Rep: Misty M.
Date & Time of Meeting: Tuesday from 7-8pm (hybrid)
Average Number of Attendees: 8
Number of Homegroup Members in Attendance: 5
Total Number of Newcomers: 4
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events: Dora R. celebrates 13 years on 1/17. Geb S. celebrates 3 years on 1/24.
Are there any homegroup positions vacant? No
Group Contribution to Area: \$10.00

New Image:

GSR Rep: Monique E.
Date & Time of Meeting: Saturday from 7-8:15pm.
Average Number of Attendees: 10
Number of Homegroup Members in Attendees: 3
Total Number of Newcomers: 5
Does your homegroup have any needs or concerns? More support for attendance.
Upcoming Homegroup Events: None
Are there any homegroup positions vacant? No
Group Contribution to Area: \$20.00

Not High At Noon:

GSR Rep: Charles S.
Date & Time of Meeting: Monday, Wednesday-Friday – virtual; Saturday- in person from 12-1:15pm.
Average Number of Attendees: 10-15
Number of Homegroup Members in Attendance: 6
Total Number of Newcomers: 2
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events: None
Are there any homegroup positions vacant? No
Group Contribution to Area: \$258.60

Start To Live:

GSR Rep: Don V./Tricia D.
Date & Time of Meeting: Friday from 8:15-9:15 (hybrid)
Average Number of Attendees: 12

Number of Homegroup Members in Attendance: 4
Total Number of Newcomers: 3
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events: Sabrina R. celebrates 11 years on 2/24.
Are there any homegroup positions vacant? No
Group Contribution to Area: \$69.68

Surrender To Win:

GSR Rep: Sherron C.
Date & Time of Meeting: Thursday from 6-7:15pm.
Average Number of Attendees: 15
5
Total Number of Newcomers: 10
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events: We have changed our group format: 1st Thursday – speaker; 2nd Thursday – Q&A; 3rd Thursday – JFT; 4th Thursday – Literature; 5th Thursday - ?
Are there any homegroup positions vacant? No
Group Contribution to Area: \$0

To Tell the Truth:

GSR Rep: Lovell B.
Date & Time of Meeting: Saturday from 10-11:15am.
Average Number of Attendees: 10
Number of Homegroup Members in Attendance: 5
Total Number of Newcomers: 2
Does your homegroup have any needs or concerns at this time? No
Upcoming Homegroup Events: None
Are there any homegroup positions vacant? No
Group Contribution to Area: \$20.00

Review of Groups Not in Attendance for previous 2 months: None

RCM Report: No report. Position open.

RCM Alt. Report:

RCM-Alt Report

Date: 1/14/23

Hi Family,

The Central Atlantic Region met on December 17, 2022 via Zoom. There were 13 areas in attendance. I would like to start by letting the area know that I was unable to carry your vote of confidence and vote

on the conference floor to approve the budget. I forwarded the updated proposed budget to Misty M. to send onto the groups. Hopefully I will be able to vote at the upcoming conference in February. The RD team was gracious to cover the cost of the AZF and wait for reimbursement from the region once the budget has been approved. I've attached my report that was given to the region. There are some area events that might be of interest to our members in the region. Information can be found at: <https://car-na.org/calendar/>.

The treasurer reported the current balance at the time of region is \$19,496.87. She received 2 checks from Shevana one for \$852.23 and one for \$66.73. She also reported to the conference that unless we passed the budget on the floor that we would be unable to pay bills. She was hoping that every area brought a vote of confidence from the groups so we could vote and subsequently be able to take care of our obligations.

RD reported that he attended the AZF virtual meeting on October 24, 2022 and that the RDA would report on the events that occurred. He also reported that we would be hosting the Hybrid AZF on January 28-29, 2023 in Martinsburg. He reported that he attended the AZF facilitator interview of Melvin S. from the Downtown Greater Philadelphia Region. He attended part of the November subcommittee meeting and the Collaboration of US Zones meeting. He was however unable to attend the October CP webinar. David H. and RDA2 attended in his absence. He was able to attend the December 10th Conference Participant webinar. He reports that CAR workshops can be done and the information can be found on www.NA.org/conference.

RDA reported the survey for the collaboration of zones is complete and we would like to express our gratitude for those members that participated in the survey from CARNA. Approximately 65% voted in favor and on our behalf voted in favor of as well. More will be discussed at the next meeting of US Zones on January 8, 2023. She Oct 23rd and Nov 27th the multizonal video task group. We have been working on a training video for H&I volunteers and it is now complete and available at <https://www.youtube.com/watch?v=izgiNI81qeM>. She reports we are working on a survey and it is up for the task group approval to send out request for input as to what training video might be helpful. On Oct 24th We attended the virtual meeting of the Autonomy Zone. The following items were discussed:

Election Cycle – nominations, interviews-we elected a new facilitator Melvin S. from Greater Philadelphia. He didn't show the first time for the interview, but I was not given the information as to why.

Open positions – Secretary, Treasurer, IT (not a formal position) are open, and we can always use help with the website.

The possibility of a merger of the Eastern US Zones- She attended three meetings with AZF's task group plus a meeting of the task team and reports that we are looking at the pros and cons of such a merger and what each zone brings to the table as a service structure.

US meeting of Zones- She attended along with two designated contacts from the AZF. This is where the survey was discussed, and more info given to the attending delegates.

US CAR/CAT Workshop- Will be held on Feb 3, 4, 5, 2023. The hope is to have World Board attendance along with as many members involved with the regional motions to have firsthand understanding behind the motions. The plan is to have it hybrid.

AZF website- We are doing some basic work on the website but a consistent member attending it would be helpful.

She also reports that the AZF will be matching the projected contribution from the hosting region with us this time since it is being held in Martinsburg.

On Oct 28-29 she attended the NEZF 2-day Event in Stamford CT and was a facilitator for their bi-annual strategic planning. On Nov 9th and Dec 14th she attended the Southeastern Zonal forum PR week planning task group. On Dec 15th she spoke at an Iranian marathon meeting.

The RDA also reported that she and Craig R. could submit resumes and bios to do a presentation about NA at VSIAS in July. More will be revealed on the status and outcome.

RDA2 reported he attended the October 2022 conference participant web meeting, which was held on Saturday, October 12th. The meeting's focus was the continued preparation for WSC 2023. There were 90 delegates, 52 alternates, five zonal contacts, one WSC cofacilitator, five interpreters, and 13 NAWS staff in attendance.

Tim announced that e-poll results were posted at www.na.org/conference. There was consensus to include in the CAR a motion about a change to A Vision for NA Service, changing "his or her" to "their" wherever this language occurs in order to be more inclusive. The body was less clear on the FIPT motion. The board would propose 50%+1 as the percentage to initiate an inspection, as 76% of those who responded to the e-poll selected 50%+1 or two-thirds.

He also attended the AZF web meeting in October, which has been reported on elsewhere. Finally, the Delegate Team met three times to discuss planning for the January 28th AZF.

PR Chair reported:

- ECCNA Book Distribution - In Progress
- Speaker Tape Distribution - VADOC not interested much
- Literature Distribution - VADOC already did once.
- Virtual H&I - VADOC open to this, need to start with one facility and add others
- Waiting on VADOC to help coordinate
- Coordinating Area to local Facility contacts - VADOC open for business for Areas
- Coordinating a Speaker Jam on Jan 23th from noon until 4pm at Fluvanna Women's TC unit (40+) with multi-area task group
- Virginia Dept of Correction meeting was held on Tuesday January 10th via Zoom
- Paid for all bills since Treasurer removed Regional Funding.
- Attended Regional Subcommittees including Non-Profit Ad-Hoc Meeting.
- Attended several Area's PR Committee meetings.
- Edited websites, maintained services, security updates, bug fixes.
- Ascertained SMS Permissions again for our YAP Server
- Transferred Rappahannock Area's website onto the multi-site. Rappna.org
- Working with Richmond's Metro committee to redesign their website.

As previously stated, please see my report given to the conference. It will be listed below.

ILS,

Dora R.

RCM Alt. Almost Heaven Area

Area Report to Region:

The almost Heaven area ASC met over the past two months on the first Saturday of the month at Emmanuel's House located at 713 Buxton Street, Martinsburg WV in person. We have 15 meetings meeting regularly via in-person and zoom.

There was an average of 12 homegroups in attendance for both ASCs. We are going into our local in-patient rehab weekly and have also had a request that will be fulfilled to take H&I into our local detox facility beginning January. We are also looking forward to the AZF being held in Martinsburg in January 2023. We wanted to express our gratitude for allowing us to serve. There were no regional motions at that time however, I have been asked to carry the vote of confidence on behalf of the ASC in the event we are able to vote on the budget today.

The AHA ASC will begin alternating our meeting place every other month beginning January 2023.

Our contribution to the region for the past two months is as follows:

- November \$0.00
- December \$197.74

ILS,

Dora R.
RCM Alt. Almost Heaven Area

VRCC Rep. Report: No report. Position open.

Service Reports:

LSU:

**LSU Report
January 14, 2023**

HI All

The Local Service Unit met virtually on December 26, 2022 at 6:00.

The Mountaineer Recovery Ctr Task group is still going into facility weekly. Group can vary between male and female groups. There are varying formats used for this facility.

On January 10, 2023 (after LSU) the first meeting in the Crisis Stabilization Recovery Center (CSRC) facility took place. The H&I meetings are scheduled for the 2nd Tuesday of the month and the 4th Thursday of the month. There were four potential members. Three males and one female. The longest

stay for the most part at CSRC is 8 days before going to a recovery facility. So the topic is mainly on NA and personal recovery with a Q&A as requested by facilitator of the Facility.

Agenda/Report from December 2022

PR Task group

January 14, 2023, ASC

Update of Tasks:

We continue to meet the 3rd Monday of each month in-person at 6:00 pm. Please visit our website @ <https://almostheavenareana.org>. Please continue to send meeting updates to the ahana-pr@outlook.com.

We met on December 19, 2022, at 6 pm. This month we participated in one event on December 1 World AIDS Day, we passed out QR card at the local community college. There were no other events this month. We don't see any new events in January 2023.

If you know of any events that we could participate in, please email us.

Our next meeting will be January 16, 2023, 6:00 pm

@937 Foxcroft Ave, Martinsburg, WV 25401

Please help carry our message into the community so that no addict seeking recovery need die!

ILS

Almost Heaven Area

Public Relations Task Group

Narcotics Anonymous

YIS

Local Service Unit

Sherry V

Chair, Almost Heaven Area

Capture the Flag Task Group: No report given. Flags were handed out to GSR's.

Convention:

Convention Committee Report January 14, 2023

Hi All

The convention committee met on December 19, 2022, at 6:30 pm.

Discussion focused on possible locations for our convention. One such location was

Cacapon Resort State Park

818 Cacapon Lodge Dr, Berkeley Springs, WV 25411

It was decided that a member would contact the park and set up a meeting. The meeting was on January 2, 2023 at 1:00 on site at park.

Five members toured the site and got some proposed costs. Some preliminary ideas of the sites potential were discussed.

More will be discussed in the future.

Our next meeting will be January 16, 2023, 6:30 pm

@937 Foxcroft Ave, Martinsburg, WV 25401

ILS

Sherry V.

Chair Almost Heaven Area

Policy:

Policy Subcommittee Report for December 8, 2022 – January 12, 2023

The policy subcommittee met on December 8 at 730pm online and there were five members in attendance. The task at hand was discussing several proposed motions presented by one of the members and one motion was considered but the conversation of it went late into the night, so it was tabled until the next policy meeting. And that meeting was held on January 12 at 7pm and there were four in attendance and after the pros and cons were, it was decided to it leave it as is and let it be read at the upcoming ASC on January 14 in Hagerstown. Also, the motion was emailed to the ASC chair and the next policy meeting would on January 26 and anyone would be welcome.

ILS,

Cedric W

Literature:

Literature Report January 14, 2023

Beginning Balance. \$320.19

Literature Deposit. \$440.21

Balance \$760.40

Literature Ordered. \$334.32

Expenses. \$37.06

Current Balance \$389.02

In loving service: Ronnie W

Old Business:

Area:

1. John C. will take on the task of researching a cheaper option for PO Box for the area.
These are the findings:
Williamsport Post Office will cost \$182.00 for 12 months.
Maugansville Post Office will cost \$156.00 for 12 months.
Martinsburg Post Office, (we are currently using), will cost \$166.00 for 12 months.
Falling Waters Post Office will cost \$66.00 for 12 months.

Discussion:

Don V. asked, if we can get a refund for current PO Box if we switch.
It was pointed out that we would have to do a change of address for anything that is sent out or received at current address.

Take back to homegroups for discussion.

2. Motion 1 – Increase AHA 2023 budget
Abstain – 3 Yay – 6 Nay – 2 – motion passes
3. Motion 2 – Inquire about paying both facilities
Abstain – 3 Yay – 8 Nay – 2 – motion passes
Treasurer will check to see if this is financially affordable, (to pay for both facilities for full year). Will discuss next ASC and move forward.
4. Motion 3 – Literature shipping change from 2% to 4%.
Abstain – 1 Yay – 10 Nay – 2 – motion passes
5. Motion 4 – Look up facilitation calls.
*This motion will require a change in policy guidelines if passed; therefore, will need a 2/3 vote to pass.
Abstain – 1 Yay – 8 Nay – 4 – motion fails
6. QR code cards – motion for business QR code cards.
Cards were handed out to each GSRs' in attendance to take back to homegroups.
7. We Do Recover Q&A

- Is this meeting mainly for men? The meeting has been being held in a men's recovery house. This will be a meeting for everyone.
- Are you paying rent for the new facility? Yes, as long as it's affordable.
- Will notify PR Task Group when they have moved and the meeting is open so it can be added to the NA meeting list.

Region:

1. Collaboration of US Zones- survey – <https://www.surveymonkey.com/r/R6YZ9K5>
 - Can get on link and fill out survey, as a member. Can add thoughts and ideas that will be addressed.
2. RCM Alt. given vote of confidence to vote on regional budget.
 - GSR's still in agreement on this decision.

Budget Requests: None

Break

2nd Roll Call:

Trusted Servants Nominations and Elections:

Area:

Vice Chair: Sherron C. nominates John C. John C. respectfully declines.

Secretary: no nominations

RCM: no nominations

VRCC Rep: no nominations

Region:

Vice Treasurer: Open since June 20, 2015.

Speaker Jam: Open since June 20, 2020.

Vice Chair: Open since June 19, 2021.

H&I Chair: Open since February 18, 2021.

Policy Chair: Open since April 17, 2022.

Announcements:

- 1/17 – Dora R. celebrates 13 years at New Hope
- 1/24 – Geb S. celebrates 3 years at New Hope
- 3/15 – Zack J. celebrates 12 years at Keep It Simple
- 3/29 – Monique W. celebrates 4 years at Keep It Simple
- 1/22 – Irwin T. celebrates 1 year at End of the Road

2/12 – Cedric W. celebrates 17 years at End of the Road
2/24 – Sabrina R. celebrates 11 years at Start to Live
1/30 – Shawn C. celebrates 20 years at Addict Welcome
2/13 – Jenn D. celebrates 35 years at Addicts Welcome
1/27 - Joy F. celebrates 34 years at Hope & Gratitude.
1/30 - Luis celebrates 2 years at Surrender to Win.
1/16 – PR Task Group meets at Chipotle, Martinsburg, at 6pm.
1/16 – Full Convention Committee meets at Chipotle, Martinsburg, at 6:30pm.
1/23 – LSU meets via zoom at 6pm.
1/28-1/29 – AZF at Comfort Inn, Martinsburg, or via zoom from 10-5pm.
Zoom ID# 82545381039 or call 301-715-8592

Treasurer's Report:

Good Afternoon ASC,

Below is the monthly spreadsheet and December 2022 Truist bank statement. This body needs to determine how the second ½ above prudent reserve (\$134.93) is to be disbursed. The first ½ (\$134.94) is to be sent to RSC (Central Atlantic Region) per ASC Budget Guidelines. Based on discussion on the floor, I reported that \$709.98 was sent to Autonomy Zone in 2022. On 1/5/2023 I received an email from the USPS that rates will be increasing in 2023, but the email did not indicate the amount of the increase. I have also attached the email below.

ILS,

Jenn D., AHA treasurer

ahana-treasurer@outlook.com

Treasurer Report as of 01/14/2023	
BANK BALANCE as of 01/14/2023	\$ 2,897.89
Beginning Balance for Area	
	\$ 917.53
Contributions Deposited 11/05/22 through 01/14/23	\$413.66
Sub-Total	\$ 1,331.19
Prudent Reserve	\$ 500.00
Available funds (Sub-Total minus Prudent Reserve)	\$ 831.19
PAID Expenditures	
ASC rent for December	\$ 20.00
ASC rent for January (Immanuels House)	\$ 20.00
ASC rent for January (HRC)	\$ 20.00
Regional contribution	\$ 198.77
Autonomy Zone contribution	\$ 99.38
NAWS contribution	\$ 99.38
Public Relations business size QR codes (2022 expense)	\$ 60.99
Meeting Lists / QR code cards	\$ 42.80
TOTAL PAID Expenses	\$ 561.32
PENDING Expenditures	
Regional contribution	\$ 134.94
NAWS contribution	\$ 134.93
TOTAL PENDING Expenditures	\$ 269.87
Total Available Area Funds above Prudent Reserve (available funds - total expenses - pending expenses)	\$0.00
Ending Area Balance	\$ 769.87
Beginning Balance for Literature Sales	
	\$ 279.63
Income	\$ 476.03
Current Balance	\$ 755.66
Expenses other than literature order	\$ 37.06
Literature Order	\$ 334.32
Total Expenses	\$ 371.38
Ending Literature Balance	\$ 384.28
Beginning Balance for Special Events	
	\$ 1,773.70
Income Deposited	
C.T.F. flyers (Progressive Printing)	\$ 29.96
Total Expenses	\$ 29.96
Ending Special Events Balance	\$ 1,743.74
Grand Total for All Three Accounts	\$ 2,897.89

Group Contributions received/pledged during Area Service \$603.98



12/30/2022



448-08-01-00 00400 1 D 001 20 0 00 000
 ALMOST HEAVEN A B C
 PO BOX 2041
 MARTINSBURG WV 26402-2041

Your account statement

For 12/30/2022

Contact us



TRUIST COMMUNITY CHECKING

Account summary

Your previous balance as of 11/30/2022	\$2,970.06
Checks	- 20.00
Other withdrawals, debits and service charges	- 444.14
Deposits, credits and interest	+ 669.69
Your new balance as of 12/30/2022	= \$3,396.41

Checks

DATE	CHECK #	AMOUNT (\$)
12/13	876022 ASC monthly rent	20.00
Total checks		= \$ 20.00

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT (\$)
12/14	ZELLE BUSINESS PAYMENT TO Ronald Wilson PAYMENT ID BBT157273864 Literature	37.06
12/18	INTERNET PAYMENT SALE PROGRESSIVE PRIN QR codes	42.80
12/18	INTERNET PAYMENT INST XPRR PAYPAL NAWBUS Literature	334.32
12/19	INTERNET PAYMENT SALE PROGRESSIVE PRIN Capture the Flag flyer	20.06
Total other withdrawals, debits and service charges		= \$444.14

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT (\$)
12/05	TRANSFER PAYPAL 2248 ALMOSTHEAVEN AREANA Literature \$17.47 Contributions received \$26.00	43.47
12/05	MOBILE DEPOSIT Literature \$35.82 receipt # 990850 Contribution received \$17.86 receipt # 990876	63.68
12/05	MOBILE DEPOSIT Literature \$94.16 receipt # 990891 Contribution received \$2.80	96.96
12/08	DEPOSIT Literature \$315.32 receipt # 990851 Contributions received \$346.00 receipts # 990872 - 990879	661.32
12/14	TRANSFER PAYPAL 9010 ALMOSTHEAVEN AREANA Literature \$13.26 Contribution received \$21.00	34.26
Total deposits, credits and interest		= \$669.69

Changes are being made effective February 3, 2023 to the Commercial Bank Services Agreement ("CBSA") that governs your account, including revisions to the paragraph titled "Duty to Review Account Statement" and the addition of provisions pertaining to the use of Night Deposit Services which will supersede and replace any prior agreement with Truist pertaining to such services. Continued use of your account after the effective date constitutes your acceptance of the changes. The most current version of the CBSA can be obtained at any Truist branch or online at www.truist.com. All future transactions on your account will be governed by the amended CBSA. If you have any questions about this change, contact your local Truist branch, your relationship manager, or call 844-4TRUIST (844-487-8478).

USPS - PO Box Price Changes Coming

donotreply@usps.com <donotreply@usps.com>
Thu 1/5/2023 4:43 PM
To: ahana-treasurer@outlook.com <ahana-treasurer@outlook.com>



Hello Jimmy K.,

Advance Notice to POBOL PO Box Customers - January 2023 Price Change.

If your PO Box renewal fees are due in January, and you would like to renew at the existing rate, please visit usps.com/poboxes to renew before January 22, 2023. Fees paid on or after that date are subject to new rates.

You have several convenient payment options. Choose the one that works best for you:

- **Pay Online:** Go to usps.com/poboxes and click Renew, which will take you to the *Manage Your Account* page. Then, click *Renew PO Box* to make a one-time payment. Your credit card will be stored for future automatic renewals.
- **Pay at a self-service kiosk (SSK):** You can find an SSK by visiting PO Locator and selecting "Self-Service Kiosks" from the drop down menu.
- **Pay by mail:** Send a check or money order payable to "U.S. Postal Service" to the Postmaster where your PO Box is located. (Include your PO Box number on the face of the check.)
- **Pay in person:** Pay at the Post Office where your PO Box is located, using cash, check, credit card, or debit card.

Take the stress out of remembering to make your next payment by signing up for our *Automatic Renewal* payment program. It's free, it's fast, and it's easy! Sign in at usps.com/poboxes and go to the *Manage Your Account* page. Then, click on *Setup Auto Renewal* under *Next Payment Due*. Be sure to review the *Terms and Conditions* governing automatic payments when you select this option.

Thank you for choosing the United States Postal Service®. We appreciate your business.

Please do not respond to this system-generated email.
If you need assistance with PO Boxes Online, please visit USPS [Help](#) or [Contact Us](#).

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Budget Approval: John C., on behalf of Hope & Gratitude, questioned why we are sending money to the Autonomy Zone. What is the money being used for? RCM Alt., Dora R., offered to take these questions to the next regional area service: What is on the list of expenditures and why are we sending money to the AZF?

Budget approved: Send 1/2 of funds above prudent reserve to Region and the other 1/2 to NAWS.

New Business:

Area:

1. Motion #1:

Motion Maker: Policy Subcommittee Seconded by Shawn C., Addicts Welcome

Motion:

To update Area guidelines as follows:

1) Page 9 under **SUBCOMMITTEES/LOCAL SERVICE UNIT** (11/11)

All sub-committees/LSU will submit an itemized annual budget proposal for the upcoming year **in November**. (12/06) (11/08) (11/11)

Change to:

All sub-committees/LSU will submit an itemized annual budget proposal for the upcoming calendar year **at the October ASC**.

2) Page 12 under Secretary Duties and Responsibilities

Prepares a yearly budget of appropriate expenses not to exceed \$25.00/month.

Change to:

Submits a yearly budget of appropriate expenses not to exceed \$25.00/month at the **October ASC**.

3) Page 14 under VRCC Rep Duties and Responsibilities

Provides financial information **to the LSU during Budget Meeting**. (1/14)

Change to

Provides financial information **at the October ASC**. (1/14)

Intent: To ensure financial information is available to create a proposed budget for the upcoming calendar year.

- Take back to homegroups for discussion.

2. Motion #2:

Motion Maker: Dan D. Seconded by Sherron C., Surrender To Win

Motion:

Re-establish Special events and H&I task group sub-committees:

- Add the search for these team members to monthly announcements.

Intent: Provide for additional input to these facts of NA service in the AHA. Encourage participation of membership by providing additional opportunities and means to serve, as well as build experience in the next generation of Trusted Servants.

- Discussion:
Don V. asked how many positions do we have vacant? This is the point of LSU. To handle what tasks arise that aren't being handled by open positions. (CON)

Dora R. stated that we can't get people to show up for the groups we already have, (LSU). Why make more groups that no one will show up for? (CON)

Jenn D. stated that, under the service tab, on the AHA website, the LSU has 2 sections - H&I task group and Public Relations. Jenn stated that we need more task groups. (PRO)

Sherron C. stated that people don't show up to LSU because of personalities, but might if other task groups were formed. (PRO)

3. Sherron C. brought up the discussion about doing more research on the Priestfield location as a possibility to hold the AHA Convention this year. It will be discussed in the next Full Convention Committee Meeting.

Region: No new business

Review of Business:

Old Business:

Area:

- John C. reported on different area PO Box sites for other options.
- Motion #1 – motion passed
- Motion #2 – motion passed
- Motion #3 – motion passes
- Motion #4 – motion fails
- QR business cards were handed out to all GSR's
- We Do Recover Q&A

Region:

- Collaboration of US Zones survey
- RCM Alt given vote of confidence to vote on regional budget.

New Business:

- Motion #1: by Policy Subcommittee
- Motion #2: by Dan D.

Next ASC will be February 4 at Immanuel House in Martinsburg at 1:30pm.

Adjournment and Closing Prayer: Motion to close made by everyone. Seconded by everyone else.

ILS,

Misty M.
Secretary - Volunteer