

Almost Heaven Area

March 4, 2023

Meeting was opened with a moment of silence, followed by the Serenity Prayer. Vision for NA Services read by Dan D. The 12 Traditions were read by Sherry R. The 12 Concepts were read by Cedric W. and the Purpose was read by Don V.

Roll Call:

Addicts Welcome:	P	P
End of the Road:	P	P
Foundations Group:	P	P
Free At Last:	P	P
Hope & Gratitude:	P	P
It's a Brand New Day:	P	A
Keep it Simple:	P	P
Miracles do Happen:	P	P
Never Alone Never Again:	P	P
New Hope:	P	P
New Image:	P	P
Not High at Noon:	P	A
Spiritual Principles:	P	P
Start To Live:	P	P
Surrender To Win:	P	A
To Tell the Truth:		
We Do Recover:		

Trusted Servants:

Chair:	P	A
Vice-Chair:	P	P
Secretary:	P	P
Treasurer:	P	P
RCM:	O	O
RCM-Alt:	P	P
VRCC:	O	O
Convention:	O	O
Literature:	A	A
Policy:	P	P

Quorum met with 16 GSR's present.

Recognition of New Attendees and Interested Others:

Recognition of new AHA meeting: Spiritual Principles

Secretary's Report:

The area minutes were sent out on February 6, 2023.

Old Business:

1. Motion #1 – Policy Motions – Motion Passed
2. Motion #2 - Task Groups/Committees – Motion Passed.

New Business:

1. Motions Maker: Policy Subcommittee. Seconded by Shawn C., Addicts Welcome
Intent: For clarification to match current practices
2. Motion Maker: Policy Subcommittee
Intent: For clarification to match current practices
3. Capture the Flag Question and Discussion

Motion to approve minutes as read made by Cara D. Seconded by Cedric W., End of the Road.

Chair's Report:

Almost Heaven Area Service

March 4, 2013

Chair's Report

Hi Everyone

Hope all are well.

I am sorry I will not be able to attend most of Area today. I need to be at a conference to participate in a webinar for Conference Participates. It is the last one before the World Service Conference taking place at the end of April in Woodland Hill, CA.

I attend this past month the Local Service Unit (LSU). Our vice chair protem will be giving the report as per policy.

I also attended the PR task group. The report will be in the LSU as per policy.

I facilitated the Convention Committee meeting and submitted our report as per policy as the vice chair protem was not available on Monday night.

The workshop flier for the dates of the Conference Agenda Report (CAR) and Conference Approval Track (CAT) and the CAR (Literature) Survey is on our website. Hope all can attend to better understand the motions facing our fellowship. If anyone is ready to respond to the motions there is a Tally sheet made up in survey monkey so your votes can be tallied by the delegate team. It is <https://www.surveymonkey.com/r/CARNA2023>

If any question please feel free to email your regional delegate team at carnadelegateteam@car-na.org

Yours in Service

**Sherry V.
Chair, AHA**

Vice-Chair's Report:

3/4/23

Vice Chair (Pro-Tem) Report

Brothers and Sisters in Recovery,

Very grateful for the opportunity to serve in this capacity this past month. A few highlights from this addict's perspective.

I have been blessed to be able to attend meetings across the area for various reasons over the past month, most of which I don't normally attend. (Side note – there are these wonderful new inventions across the Potomac River called bridges. Those things make it super easy and fast to get from MD to WV or vice versa.) Without a doubt recovery is alive and well across the AHA. If you haven't attended a meeting outside your norm for a while, I highly recommend you give it a try and take a newcomer with you when you do.

We held the LSU mid-month and had some new faces attend. More to come on that in the LSU report. Suffice it to say things are going to get busy around here soon. Should I be allowed to continue to serve in this capacity next month, I would like to attend some Group Conscience meetings. To that end, it would be great to include that information as part of your group reports at ASC.

ILS,
Dan D

Homegroup Reports:

Addicts Welcome:

GSR Rep: Jenn D.

Date & Time of Meeting: Monday 7:30-8:30 pm. – hybrid

Average Number of Attendees: 8-10

Number of Homegroup Members in Attendance: 5

Total Number of Newcomers: 0

Does your homegroup have and needs or concerns at this time? No

Upcoming Homegroup Events: None

Are there any homegroup positions vacant? No

Group Contribution to Area: \$17.80

End of the Road:

GSR Rep: Cedric W.

Date & Time of Meeting: Tuesday from 7-8:15 & Sunday from 3-4:30

Average Number of Attendees: 30

Number of Homegroup Members in Attendance: 4-6

Total Number of Newcomers: 5

Does your homegroup have any needs or concerns at this time? We need support

Upcoming Homegroup Events: Gordon R. celebrates 23 years on 6/4

Are there any homegroup positions vacant? Secretary

Group Contribution to Area: \$20.00

Foundations:

GSR Rep: Ron S.

Date & Time of Meeting: Saturday from 7-8:15pm & Sunday from 5:30-6:45pm

Average Number of Attendees: 8

Number of Homegroup Members in Attendance: 13

Total Number of Newcomers: 1

Does your homegroup have any needs or concerns at this time? Need more support for the Saturday night meeting.

Upcoming Homegroup Events: Sean r. celebrates 13 years on 3/12

Are there any homegroup positions vacant? No

Group Contribution to Area: \$48.00

Free At Last:

GSR Rep: Tanner B.

Date & Time of Meeting: Sunday from 6-7pm.

Average Number of Attendees: 5

Number of Homegroup Members in Attendance: 2

Total Number of Newcomers: 1

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: None

Are there any homegroup positions vacant? No

Group Contribution to Area: \$0

Hope & Gratitude:

GSR Rep: Jason H.

Date & Time of Meeting: Monday & Friday from 7-8:15pm

Average Number of Attendees: 40

Number of Homegroup Members in Attendance: 13

Total Number of Newcomers: 12

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: None

Are there any homegroup positions vacant? No

Group Contribution to Area: \$97.97

It's A Brand New Day:

GSR Rep: Sherry R.

Date & Time of meeting: Wednesday from 7:30-8:30pm

Average Number of Attendees: 37

Number of Homegroup Members in Attendance: 10

Total Number of Newcomers: 6

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: Taylor B. celebrates 2 years on 3/15

Are there any homegroup positions vacant? No

Group Contribution to Area: \$0

Keep It Simple:

GSR Rep: Mike B.

Date & Time of Meeting: Wednesday from 7:30-8:30pm

Average Number of Attendees: 30

Number of Homegroup Members in Attendance: 10

Total Number of Newcomers: 7

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: Reggie H. celebrates 28 years on 4/5. LaRue N. celebrates 17 years on 4/12.

Are there any homegroup positions vacant? No

Group Contribution to Area: \$15.00

Miracles Do Happen:

GSR Rep: Bob S.

Date & Time of Meeting: Sunday, in person at 6-7pm. Wednesday, zoom only, 6-7pm.

Average Number of Attendees:

Number of Homegroup Members in Attendance:

Total Number of Newcomers:

Does your homegroup have any needs or concerns at this time?

Upcoming Homegroup Events:

Are there any homegroup positions vacant?

Group Contribution to Area: \$

Never Alone Never Again:

GSR Rep: Monte H.

Date & Time of Meeting: Monday from 8-9pm

Average Number of Attendees: 10

Number of Homegroup Members in Attendance: 5

Total Number of Newcomers: 2

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: Monte H. celebrates 6 years on 3/27. Monte C. celebrates 32 years on 4/10.

Are there any homegroup positions vacant? None

Group Contribution to Area: \$20.00

New Hope:

GSR Rep: Misty M.

Date & Time of Meeting: Tuesday from 7-8pm (hybrid)

Average Number of Attendees: 14

Number of Homegroup Members in Attendance: 7

Total Number of Newcomers: 2

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: None

Are there any homegroup positions vacant? No

Group Contribution to Area: \$10.00

New Image:

GSR Rep: Page Romoser

Date & Time of Meeting: Saturday from 7-8:15pm.

Average Number of Attendees: 15-25

Number of Homegroup Members in Attendees: 2-5

Total Number of Newcomers: 5

Does your homegroup have any needs or concerns? Starting a new meeting on April 5th at OMC, 108 E. Franklin St., Hagerstown. It is a Just For Today meeting.

Upcoming Homegroup Events: No

Are there any homegroup positions vacant? No

Group Contribution to Area: \$15.00

Not High At Noon:

GSR Rep: Charles S.

Date & Time of Meeting: Monday, Wednesday-Friday – virtual; Saturday- in person from 12-1:15pm.

Average Number of Attendees: 10

Number of Homegroup Members in Attendance: 7

Total Number of Newcomers: 0

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: Zoom ID 816-925-1358. Password 593012

Are there any homegroup positions vacant? No

Group Contribution to Area: \$0

Spiritual Principles:

GSR Rep: Cara D.

Date & Time of Meeting: Tuesday at 7pm at 300 S. Artizan St., Williamsport, MD.

Average Number of Attendees: 26

Number of Homegroup Members in Attendance: 2

Total Number of Newcomers: 20

Does your homegroup have any needs or concerns at this time? Yes, GSP.

Upcoming Homegroup Events: No

Are there any homegroup positions vacant? All – secretary, treasurer, chair

Group Contribution to Area: \$0

Start To Live:

GSR Rep: Tricia D.

Date & Time of Meeting: Friday from 8:15-9:15 (hybrid)

Average Number of Attendees: 14

Number of Homegroup Members in Attendance: 5

Total Number of Newcomers: 2

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: Don V. celebrates 32 years on 5/19.

Are there any homegroup positions vacant? No

Group Contribution to Area: \$8.85

Surrender To Win:

GSR Rep: Sherron C.

Date & Time of Meeting: Thursday from 6-7:15pm.

Average Number of Attendees:

Average Number of Homegroup Members:

Total Number of Newcomers:

Does your homegroup have any needs or concerns at this time?

Upcoming Homegroup Events:

Are there any homegroup positions vacant?

Group Contribution to Area: \$

To Tell the Truth:

GSR Rep: Lovell B.

Date & Time of Meeting: Saturday from 10-11:15am.

Average Number of Attendees: 12

Average Number of Homegroup Members: 5

Total Number of Newcomers: 3

Does your homegroup have any needs or concerns at this time? No

Upcoming Homegroup Events: Mike H. celebrates 4 years on 3/25.

Are there any homegroup positions vacant? No

Group Contribution to Area: \$0

Review of Groups Not in Attendance for previous 2 months: None

RCM Report: No report. Position open.

RCM Alt. Report:

RCM-Alt Report
March 4, 2023

Hi Family,

The Central Atlantic Region met on February 18, 2023 via Zoom. There were 10 areas in attendance. I've attached my report that was given to the region. There are some area events that might be of interest to our members in the region. Information can be found at <https://car-na.org/calendar/>.

The treasurer reported she still does not have access to the mailbox as she can't seem to coordinate a time when the signatory on the account can meet with me to forward the mail. She has located the key and will pick it up from Brian on March 1. So, if any checks are there, she will deposit them.

She was able to get the bank card attached to the Twilo account.

She went to Truist just to sit with the banker and make sure everything matched and found that There was \$272.78 stuck in transfer from the old account. The bank stated that sometimes this happens in the transfer of funds when you close one account and transfer funds. The balance as of the conference held on 2/18/23 is \$19178.34

She had heard from Almost heaven that they were trying to send a Zelle payment to the region, but it did not go through. She asked about it at the bank and they did not see it in route.

AHA will now send this by mail. The deposits and income are current and up to

date. She was also able to receive all of the old treasury records from Brian 2 weeks ago. She has not yet gone through the bins, but they are in her possession. She had a conversation with the banker about debit cards and it seems that there would be no charge to get the delegate team cards that she could control the limits on. If this is something that you would like to bring up again, she requests to let her know. She will not be available for the April 2 day as I have a prior commitment but will supply all updated reports. <https://car-na.org/category/minutes/>.

RD reported he attended the Mid Atlantic Regional Service Conference on January 20, 21, 2023 in Lancaster Pennsylvania where members of the World Board Facilitated a Conference Agenda Report presentation with questions and answers. He gave a list of expenditures and receipts to the treasurer and requested to be reimbursed when the budget passed.

He helped set-up and facilitated the Autonomy Zonal Forum on January 28, 29, 2023 at the Comfort Inn Aikens Center in Martinsburg West Virginia. He requested reimbursement for expenses for that service commitment as well and had receipts for all of those expenditures. He came in well under budget for each of his service commitments and spent NA funds wisely. A complete breakdown of the numbers can be found at <https://car-na.org/category/minutes/>

He reports the AZF has an invitation from the Southeastern Zonal Forum for us to join their Zonal meetings discussions at any time. <https://sezf.org/wpcontent/uploads/2020/12/SEZFGuidelines-120620.pdf>.

He attended the US Collaboration of Zones quarterly virtual meeting, hosted by the Plain States Region on January 8, 2023. 7 out of 8 zones were present. For complete minutes of this meeting, The link is:

https://uszonesofna.slack.com/files/U03MJAPKB9P/F04NSJM7TTJ/1.8.23_us_collab_notes.docx.

We reviewed the survey results. He reports that we would like more responses to the survey and have extended it until July. Went over 1 page overview from task team. Form a task team headed by Dennis M to develop a demo website and come back with recommendations. Next meeting will be held April 2, 2023, 6-8pm EST hosted by the Rocky Mountain Region. He also attended the 1st National Multizone Workshop featuring the 2023 CAR/CAT presentation facilitated by members of the WB. Audio recordings have been downloaded to the delegate team web page and an e-blast that came out to the region. World Service Conference 2023, I am registered with World Services, and I have found a roommate from our zone. He gave a breakdown of the expenses for the WSC, and the in-depth information can be found at <https://car-na.org/category/minutes/>
GSR assembly is vastly approaching. Our flier is on the website. Please spread the word to all

GSRs and interested other members to get their votes in. Everyone's vote matters. ECCNA donated Basic Texts were passed out at the AVCNA in Virginia Beach in January. Each Area received 5 soft back Basic Text except Brana and Peninsula Area's. There are 11 English books left after distribution to the 2 Area's mentioned. We must decide who gets them. The next ECCNA convention will be June 9, 10, 11, 2023 at La Roche University 9000 Babcock Blvd, Pittsburg PA. He sent the flier to our secretary to attach to the minutes which was forwarded by Misty M. to the homegroups in our area. Please let her know if you did not receive it.

RDA reported On December 19th she attended the US task group. She has been monitoring and passing along info from our survey that has been extended. She also attended the US car/cat task group hosted by the Plains State Zone to discuss the setup of the first US car/cat workshop. On January 20-21, 2023, she attends the Mid-Atlantic Regional Learning Conference better known as MARLCNA.

She reported on numerous World Service numbers including meetings around the globe, annual report and information regarding a decrease in literature sales.

She reports that Saturday at MARLCNA we spent the day going over the CAR motions and survey. We had several members there that spoke in detail on several of the motions.

On Motion 1 she questioned the term used as zonal seating. The response received did not feel acceptable. Your delegate team brought it up at the 2-day AZF that we hosted and our RDA2 will give more information. We need your input as to whether or not to proceed.

On January 22, 2023, she participated in a Q&A for the Western States Zonal Forum with two other members to answer questions on the collaboration of US Zones.

On Jan 22, 2023, she attended the monthly Multi-Zonal video tools task group. There is a survey with suggested video and what members feel would be beneficial in carrying our message. The survey is <https://www.surveymonkey.com/r/F63KDRV> Please feel free to fill it out. Your input would be very helpful in prioritizing the needs of our members.

She is attending NEZF's task group for FD and PR. She is attending SEZF task group for PR Week in June 2023.

We now have our survey set up to gather your input on the CAR and CAT. The flier on the website has been updated to include the link or QR code which ever one is easiest for you. We will have it available on Sunday for our first CAR/CAT workshop. Information can be found at <https://www.surveymonkey.com/r/CARNA2023>.

RDA2 reported Though he attended MARLCNA and multiple Delegate Team meetings, he would only be reporting on the Autonomy Zonal Forum as the other Delegate Team activities have already been reported.

The Autonomy Zonal Forum was held in Martinsburg, WV on January 28th - 29th. The first day was spent in a CAR/CAT workshop facilitated by World Board Members, Hammed and José Luis, and later joined by WB members Danny and Irene. 41 members were present. We continued to express concern, first brought up at MARLCNA, to the World Board members about Motion 1 in the 2023 Conference Agenda report using the language of "seated Zones." Concern was expressed that because we have no mechanism to unseat a seated Region, there is a potential problem of difference in representation and disunity regarding how to "unseat" a Zone that no longer meets the requirements of having two unseated Zones.

The following day, during the AZF business meeting, all member regions signed a letter to the WB expressing our concerns regarding Motion 1. The RD from the Free State Region also submitted an amendment and later met with a Jack from the WSO, who explained that it is the

WB and WSO's reading of the minutes of the 2018 WSC discussion of Motions 18-21 that a Zonal Seating process was created at that time. RDs from Free State and Chesapeake & Potomac Regions were satisfied by this explanation. However, it was the consensus of the CARNA delegate team that we did not find this explanation satisfactory, so we will be seeking in New Business to poll the RCMs for direction in this matter: specifically, would the RCMs support us meeting with Jack before possibly offering an amendment to change the language of Motion 1 to eliminate the term "seated Zones."

The Greater Philadelphia Region announced at the beginning of the business meeting that they would be leaving the AZF. The remaining regions (Free State, C&P, and CARNA) decided that for the purposes of consensus-based decision making a majority would count as consensus. He was appointed as the Zonal contact for AZF, which will allow him to be on Conference Participant Webinars, as well as participating in the Virtual Meeting of the Zones and the US Meeting of the Zones.

Finally, pending the approval of the CARNA 2023 budget, we will be seeking reimbursement of \$1000 from the Region. The full breakdown is expenditures can be found at <https://car-na.org/category/minutes/>

The VRCC reported the AVCNA 40 was well attended and overall, a great convention. As mentioned in an announcement at the convention, no bids were put in to hold the 41st in January of 2024. The directors voted to follow policy which states that bids are due 18 months prior to the convention and not accept any bids for 2024. We are accepting bids for the 41st to be held in 2025. The bidding guidelines can be found at <https://car-na.org/category/minutes/>

The VRCC budget and spend down for the 40th can also be found with the link listed above. The VRCC lost over 16,000 on the 40th convention. The directors voted to create an ADHOC to look into the future of the AVCNA, our procedures, policies, fundraising, etc... Over the next year while planning for the 41st we will be visiting all these topics.

Lastly, the next meeting is March 19th in Charlottesville as well as via zoom.

There was an ADHOC committee meeting held regarding our region becoming a 501c3 corporation but there was little participation. It was decided on the floor that we would take the information back to our areas for discussion and tabled until the June RSC to give time for the homegroups to bring input back for the conference. Some of the points that were discussed are as follows:

1. ADHOC Committee: 10th Concept was invoked: Any member of a service body can petition that body for redress of a personal grievance, without fear of reprisal.

The Ad-hoc chair was interrupted, felt hurt, was told the reason people cannot fill positions is because old-timers won't leave. Ad-hoc chair asked for an apology from the PR Chair regarding everything that he said. PR Chair apologized to that member and the entire RSC body. This was discussed in a loving and caring way and both parties have resolved the issue raised.

2. ADHOC PowerPoint and letter will be attached at the end of the minutes. Please go to <https://car-na.org/category/minutes/>. The letter that was obtained by the World Board full of valuable information can be found at the end of the regional minutes.

Questions that were asked:

1) What was the direction when the ad-hoc was created, was it to meet and then come back with a recommendation? **Yes**

2) If we did get 501c3 status, would this body be open to public scrutiny or would it just be the board? **Yes**

3) There were several times where the cost for incorporation in the state of VA was mentioned, would we then need to incorporate in the states of Maryland, North Carolina and West Virginia? **Not sure**

Under Old Business we had a few motions the outcomes are as follows:

Motion 218-1 2023 Proposed Budget:

Motion:

To allow 10 to 15 minutes discussion on the 10-25-2022 emailed version of the 2023 proposed budget then have an up or down motion today to incorporate it beginning Jan 1, 2023, as us newly adopted CARNA 2023 Budget.

Motion Failed: A: 4 Y: 5 N:3

Motion 218-2 2023 Proposed Budget:

Motion:

To approve the 2023 budget.

Motion Passed A:1 Y:8 N:0

Motion 218-3 Relocate Funds for the RD

Motion:

RDA2 RSC line item to be utilized by the RD.

Motion Passed: A:1 Y:8 N:0

Under New Business the Following Motion Was Presented:

219-1 Debit Card Motion

Motion Maker: Roland C. Tidewater RCM

Second: Greg H. Roanoke Valley RCM

Motion: To amend Policy to allow the Treasurer to order and distribute debit cards to the RD Team only and transfer approved budgeted item request.

Intent: To change Policy to allow Treasurer to order debit cards for the RD Team budgeted item request.

Needs to be voted on

Pro: Would be extremely helpful for members who cannot truly afford it.

Pro: Would be like a prepaid card, where the only amount on the card can be used.

Con: Not spelling out that it's not a debit but put a cap on it or what part of policy needs changed.

As previously stated, please see my report given to the conference. It will be listed at the end of my report.

Also, as requested by Hope and Gratitude I was able to obtain the following information regarding the AZF. It is as follows:

Autonomy Zonal Forum (AZF) Mission and Purpose

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole.
- Train, mentor and/or inform participants about the fellowship of Narcotics Anonymous.

The AZF is ultimately responsible to the groups it serves inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

Our area voted and motion passed to send money to the AZF on June 6, 2021, and was also informed that since 1990 the delegates of the region have been required to attend the AZF. I did ask for a detailed report of expenditures from the body but am still awaiting that information. I was informed however from the RDA that the information had already been passed onto Hope and Gratitude however it is my understanding that other homegroups wanted the information as well. I will lean to the direction of the GSR's for how you would like for me to proceed.

Further information regarding the AZF can be found with the following links:

<https://autonomyzonalforum.org/>

<https://www.na.org/?ID=conference-index>

I hope this helps provide some clarity to the area. If you have further questions after review of the information given with the links listed above or after your group consciences, please let me know and I will address them on your behalf at the next regional conference which will be held on April 15, 2023.

ILS,

Dora R.
RCM Alt. Almost Heaven Area

Report Read on The Conference Floor:

The almost Heaven area ASC met over the past two months on the first Saturday of the month. We have 15 meetings meeting regularly via in-person and zoom.

There was an average of 13 homegroups in attendance for both ASCs. We do have a homegroup that has a request to the region regarding the AZF. It reads as follows:

- Hope and Gratitude which is a homegroup in our area has asked that I submit a request to obtain information on a list of expenditures and also asked the question as to why we are sending money to the AZF. They are requesting a detailed report that I can take back to my area and present to satisfy their request.

If the conference would be able to provide this information that I can take back to one of my groups, it would be greatly appreciated.

The AHA ASC has begun alternating our meeting between Martinsburg and Hagerstown. The rotation is Jan, Mar, May, July, Sept, November in Hagerstown and Feb, Apr, Jun, Aug, Oct and Dec in Martinsburg.

Also, we would like to report that due to losing our convention space in Front Royal, VA and the inability to secure a different venue for 2023 we may not be having our convention this year however, we are looking into a few options for 2024. More will be revealed as information becomes available after our next convention committee meeting on February 20th, 2023.

I have been given a vote of confidence by my area in the event we are able to vote on the budget today.

Our contribution to the region for the past two months is as follows:

- December \$197.74
- January \$134.94

ILS,
Dora R.
RCM Alt. Almost Heaven Area

VRCC Rep. Report: No report. Position open.

Service Reports:

LSU: PR Task Group/H&I/Capture the Flag Task Group

LSU (Local Service Unit) Report for March 4, 2023, Almost Heaven ASC

We met on Thursday February 16, 2023, at 6:00 p.m. via zoom. There were 7 members in attendance. We discussed establishing a Special Events task group to report monthly to the LSU. Rob D. has agreed to facilitate this group. A Facebook group, special events AHA, has been created.

MRC (Mountaineer Recovery Center)

Two H&I volunteers are going in every Wednesday alternating weeks between the men's side and the women's side. Clients in attendance averages between 12 to 18.

We discussed holding an H&I Orientation meeting to see if we can get more recovering addicts that would be interested in volunteering for MRC. More will be revealed.

PR Report

We continue to meet the 3rd Monday of each month in-person at 6:00 pm. Please visit our website @ <https://almostheavenareana.org>. Please continue to send meeting updates to the ahana-pr@outlook.com.

We met on February 20, 2023, at 6 pm. This month we described the need to have the QR codes at area service for homegroups in attendance. We do have QR codes available here today.

We attended one event, Voices of Resilience, where we handed out QR codes.

We continue to monitor the webpage and ask that you please let us know as soon as changes are made to your homegroups via email to ahana-pr@outlook.com.

We are excited to share that we are seeing more opportunities to carry the message in the community as more and more events are being listed that we may be able to attend.

If you know of any events that we could participate in, please email us.

Our next meeting will be March 20, 2023, 6:00 pm
937 Foxcroft Ave, Martinsburg, WV 25401

Please help carry our message into the community so that no addict seeking recovery need die!

ILS

Almost Heaven Area Public Relations Task Group of Narcotics Anonymous

Capture the Flag

All is going well. The groups which are participating are excited and motivated to WIN!!! Not all groups are reporting the flag captures via the google form [t,s 3mj 3 MF 3 fuyz wj 3mj 3 d l 3 fhjgt tp 3 w zu 3 or](#) by emailing jniferd43@gmail.com.

Below is the direct link to the flag capture report form:

https://l.facebook.com/l.php?u=https%3A%2F%2Fdocs.google.com%2Fforms%2Fd%2F%2F1FAIpQLSdzTViMu7bKV1v6eqbZRs5gHj9XzZdWYg0PMleC9-mTRvSTvp%2Fviewform%3Fusp%3Dsf_link%26fbclid%3DlwAR0EixsOoLGTcQnfZGMbIG3115iCGvajiEvu225i79H8ppfwGdq8PMTJNY&h=AT30ThYzRVBLKn1rAimGi5Uibvp9VROK-BaJWYn4LX3hMwpgGam6NtzOXeYvxs58Mqbrw-KR70YahSF4fRqRoEFMgMtFJRvbkOQv3J9-HIH0Xvz1a6k05JnOuuemu9bec4Eoo&_tn=-UK-R&cj0l=AT0K4d6X2DiAl_aExJPMpb8sCqk_7CfltvBeSndcYatp3_d5mPpkMTXBiePhTbyCHowZtwMgsW9gRKvVdFEM39TBfVz_tH_zXjJcFPQdTIPKyCLImqSzZwGT4BBlHUeFQJmCeQF9txqeaIHGBJKLIZncvfoVZMtg1UwcORO_3

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Crisis Support Recovery Center

The Crisis Support Recovery Center (CSRC) AHA H&I meets on the 2nd Tuesday and the 4th Thursday of the month. This past month there were approx. 4 or 5 potential members in attendance. Staff were also around. The members were very attentive and meeting QR codes were taken for facility and members.

They were initially interested in more H&I meetings from Narcotics Anonymous. If there are members that would like to do an H&I meeting and have gone through orientation, please let us know.

Update: We were saddened to receive a call from our helpline from our point of contact with CSRC stating we were shut down immediately. This also included AA and another group due to a legal situation. We were planning and had received permission to zoom in on a recovery celebration as part of our H&I efforts. More will be revealed.

Crisis Support Recovery Center AHA H&I Task Group

ILS,

Dan D
Vice Chari Pro-Tem

Convention:

AHA Convention Committee Report
March 4, 2023

Hi All,

The convention committee met on February 20, 2023. Members did a review of the options that were passed down and it was determined that most of the facilities reviewed did not meet the needs of our convention. The one potential facility was Cacapon State Park. They do have the potential needed space but we would have to start in the not to distance future. One of the drawbacks is none of the cabins would be available except multiple room ones. In the summer time their one and two bedroom cabins or what they call basic are only rented on a weekly basis so that would put the hotel rooms as the main lodging. So, the committee has come up with the following recommendation. That the Almost Heaven area convention not be held in 2023 for the above reasons and also not held in 2024 due to there would be only a three week difference between the AHA convention and the World Convention of NA being held in Washington, DC that is only a little over an hour away. Could this be put under new business for discussion? Current Financial info see Attachment. Within the two year period we will still have to pay for Accountant for filing taxes, Corporate Licenses, Storage shed and P.O. Box.

ILS

Sherry V.
Chair AHA

Policy:

Policy Subcommittee Report for February 09 – March 09, 2023

The policy subcommittee met online at 7pm on February 09th and there were four in attendance. The first task was to make changes in the rewording in the duties and responsibilities of the treasurer and other parts of the policy, which would after being completed and proofread by the policy chair, emailed to PR. The second was the discussion of the recent passed motion and in the end after a long conversation, we were questioning whether by the intent of the motion to start subcommittees separated from the LSU or task groups within it, so we recommended that it be hold for more

clarification at the next ASC. The next policy subcommittee meeting will be on March 09, 2023 online at 7pm.

ILS,

Cedric W

Literature Report:

Literature Report

March 4, 2023

Beginning Balance. \$34.32

Literature Deposit. \$483.43

Balance \$517.75

Literature Ordered. \$181.55

Expenses. \$0

Current Balance \$336.20

In loving service: Ronnie W.

Old Business:

Area:

1. Motion: 2023FEB-01
Vote: Abstain: 3 Yay: 9 Nay: 1 Motion Passes
2. Motion: 2023FEB-02
Vote: Abstain: 2 Yay: 11 Nay: 1 Motion Passes

Region:

1. Motion to transfer RDA2 line budget to RD – passed
2. Regional Budget – passed

Budget Requests: None

Break

2nd Roll Call: Quorum met with 13 GSR's

Trusted Servants Nominations and Elections:

Area:

Vice Chair: Dan D. appointed Pro Tem

Secretary: no nominations

RCM: no nominations

VRCC Rep: no nominations

Region:

Vice Treasurer: Open since June 20, 2015.

Speaker Jam: Open since June 20, 2020.

Vice Chair: Open since June 19, 2021.

H&I Chair: Open since February 18, 2021.

Policy Chair: Open since April 17, 2022.

RD:

RDA:

Chair:

Secretary:

Announcements:

3/15 - Taylor B. celebrates 2 years at It's A Brand New Day

3/15 - Zack J. celebrates 12 years at Keep It Simple

3/16 - LSU meets at 6pm via zoom

3/18 - 2023 CARNA CAT/CAR Workshop at 2pm via zoom

3/20 - PR Task Group Meeting at 6pm at Chipotle in Martinsburg

3/20 - Full Convention Committee Meeting at 6:30pm at Chipotle in Martinsburg

3/25 - Mike H. celebrates 4 years at To Tell the Truth

3/27 - Monte H. celebrates 6 years at Never Alone Never Again

3/29 - Monique W. celebrates 4 years at Keep It Simple

3/30 - Louis H. celebrates 2 years at Surrender To Win

4/1 - ASC Meeting at 1:30pm at Immanuel House in Martinsburg

4/5 - Reggie H. celebrates 28 years at Keep It Simple

4/10 - Monte C. celebrates 32 years at Never Alone Never Again

4/12 - LaRue N. celebrates 17 years at Keep It Simple

5/19 - Don V. celebrates 32 years at Start To Live

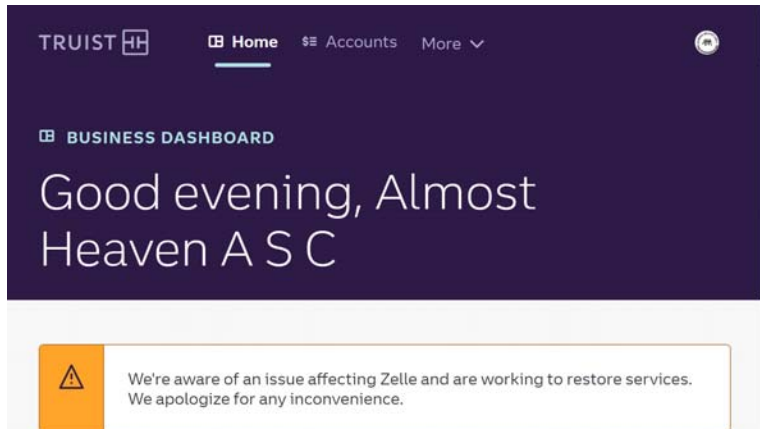
6/4 - Gordon R. celebrates 23 years at End of the Road

**** All information for zoom meetings can be found on www.almostheavenareana.org ****

Treasurer's Report:

Treasurer's Report March 4, 2023

When I logged onto the bank account Friday evening, the following message appeared:



This is when I discovered that the \$301.99 February contribution to CAR (Central Atlantic Region) was reversed by Truist as shown on the bank statement. That contribution is listed as a pending expenditure since the funds still need to be sent to CAR. The annual fee (\$22.65) for almostheavenareana.org domain name through GoDaddy is due 3/27/2023.

The amount available above prudent reserve is \$393.01. Per AHA Guidelines \$196.51 (½ above prudent reserve is sent to the Region) will be sent to C.A.R. once the Zelle issue is resolved.

How do the GSR's want the remaining \$196.50 distributed? NAWS by consensus.

I received an email from NAWS showing 2022 contributions as \$0.00. I sent a reply itemizing the contributions sent in 2022 as follows:

3/05/22	ACH XFR NA World Service	NAWS contributions	208.49
4/11/22	XFR PAYPAL NAWORLD Transaction ID: 7JY404832V1297740	NAWS contributions	61.03
5/09/22	XFR PAYPAL NAWORLD Transaction ID: 109859028M4487125	NAWS contributions	41.73
6/11/22	XFR PAYPAL NAWORLD Transaction ID: 1R2898450R4986351	NAWS contributions	40.00
7/18/22	XFR PAYPAL NAWORLD Transaction ID: 9DA47266J62969908	NAWS contributions	77.94
8/15/22	XFR PAYPAL NAWORLD Transaction ID: 3X8499104C766645W	NAWS contributions	62.47
9/15/22	XFR PAYPAL NAWORLD Transaction ID: 7S230696BN634070R	NAWS contributions	24.85

10/03/22	XFR PAYPAL NAWORLD Transaction ID: 4P661765GB403722M	NAWS contributions	95.62
10/03/22	XFR PAYPAL NAWORLD Transaction ID: 30456883U1533214N	NAWS contributions	3.25
			615.38

I am waiting on a reply from NAWS.

ILS,

Jenn D. ahana-treasurer@outlook.com

Treasurer Report as of 03/04/2023	
BANK BALANCE as of 03/04/2023	\$ 3,306.15
Beginning Balance for Area	
	\$ 1,123.98
Contributions Deposited 02/05/23 through 03/04/23	\$ 435.66
Sub-Total	\$ 1,559.64
Prudent Reserve	\$ 500.00
Available funds (Sub-Total minus Prudent Reserve)	\$ 1,059.64
PAID Expenditures	
ASC rent for February - Immanuel's House	\$ 20.00
Regional contribution	
NAWS contribution	\$ 301.99
TOTAL PAID Expenditures	\$ 321.99
PENDING Expenditures	
ASC rent for March - HRC	\$ 20.00
Website Domain name (GoDaddy)	\$ 22.65
Regional contribution	\$ 301.99
Autonomy Zone contribution	
NAWS contribution	
TOTAL PENDING Expenditures	\$ 344.64
Total Available Area Funds above Prudent Reserve (available funds - total expenses - pending expenses)	\$ 393.01
Ending Area Balance	\$ 1,237.65
Beginning Balance for Literature Sales	
	\$ 33.87
Income (cash \$282.64, check \$201.24)	\$ 483.88
Current Balance	\$ 517.75
Expenses other than literature order	
Literature Order	\$ 181.55
Total Expenses	\$ 181.55
Ending Literature Balance	\$ 336.20
Beginning Balance for Special Events	
	\$ 1,743.74
Income Deposited	
Current Balance	\$ 1,743.74
Check #455 cardstock for flags	\$ 11.44
Total Expenses	\$ 11.44
Ending Special Events Balance	\$ 1,732.30
Grand Total for All Three Accounts	\$ 3,306.15
Group Contributions received/pledged during Area Service \$312.87	



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ALMOST HEAVEN A B C
PO BOX 2641
MARTINSBURG WV 26402-2641

Your account statement

For 02/28/2023

Contact us



TRUIST COMMUNITY CHECKING 000 [REDACTED]

Account summary

Your previous balance as of 01/31/2023	\$2,864.67
Checks	- 31.44
Other withdrawals, debits and service charges	- 785.63
Deposits, credits and interest	+ 1,288.46
Your new balance as of 02/28/2023	= \$3,308.15

Checks

DATE	CHECK #	AMOUNT (\$)
02/08	455 Special Events Capture the Flag cardstock	11.44
02/10	* 676026 ASC monthly rent	20.00
Total checks		= \$ 31.44

* Indicates a skip in sequential check numbers above this item

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT (\$)
02/08	ZELLE BUSINESS PAYMENT TO Car PAYMENT ID BBT163321190 Contribution sent	301.88
02/08	ACH CORP DEBIT NA World 5 NA World Service NARCOTICS ANONYMOUS WDCUSTOMER ID ST-8484F08W0L5 Contribution sent	301.88
02/16	INTERNET PAYMENT INST XFER PAYPAL NAWBUS Literature	181.88
Total other withdrawals, debits and service charges		= \$785.63

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT (\$)
02/03	TRANSFER PAYPAL 4348 ALMOSTHEAVEN AREANA Contribution received \$10.00 Literature \$36.92	46.92
02/06	TRANSFER PAYPAL 3826 ALMOSTHEAVEN AREANA Contribution received	15.54
02/08	ZELLE BUSINESS REVERSAL Car PAYMENT ID BBT163321190	301.88
02/08	MOBILE DEPOSIT Contribution received \$148.92 Receipt # 990894 Literature \$201.24 Receipt # 990901	350.16
02/08	DEPOSIT Contribution received \$271.20 Receipts # 990892, 990893 Literature \$282.64 Receipt # 990901	553.84
Total deposits, credits and interest		= \$1,288.46

& 990895 through 990900

New Business:

Area:

1. **Motion Maker:** Tricia D., Start To Live **Seconded:** Jenn D., Addicts Welcome
Motion: Request our RCM Alt. to pursue information on zonal spending and forward to all homegroups in Area.
Intent: To make everyone aware of expenses.
2. **Motion Maker:** Cara D., Spiritual Principles **Seconded:** Lovell B., To Tell the Truth
Motion: Change “Local Service Unit”, (LSU), to “Local Service Committee”, (LSC).
Intent: To clarify what “LSU” does. Offers a more inviting tone and defines what LSU does as a committee.
3. New Image requests starter pack for new meeting they are starting in a different location. It was determined that, according to policy guidelines, because New Image is not a new meeting, they do not qualify for a new starter pack.
4. Convention – As presented in the convention committee report above, the committee is recommending that the AHA Convention be cancelled for this year, due to being unable to find a location. It is also recommended that there will be no AHA Convention next year due to the World Convention being held in DC. It was suggested that the convention committee will proceed with looking for location for the AHA Convention in 2025.

GSR’s will take this information back to their homegroups.
5. Discussion about the motion that was passed last month:
Motion #2: Task Groups/Subcommittees – It was determined that this motion was out of order. After discussing what could be done to remedy this situation, it was determined that, instead of Dan D. rewriting the motion to clarify the intent, nothing will be done, and the motion will not be acknowledged.
6. RCM Alt. Report Information: There is an Ad-Hoc Committee that was formed to discuss the region becoming a 501C3. However, there was little participation, and it was decided that this information be taken back to each Area to be discussed. Dora R. suggested that all GSR’s take this information back to their homegroups to research and discuss and bring back any feedback to next ASC Meeting. She also included information and a link to a PowerPoint that can be accessed, in her report, under RCM Alt. Report.

Region:

1. Motion: To amend Policy to allow the Treasurer to order and distribute debit cards to the RD.
 - Team only and transfer approved budgeted item request.
 - Information pertaining to this motion is included and can be read in the RCM Alt. Report.
 - Take back to homegroups for discussion.

Review of Business:

Old Business:

Area:

Motion: 2023FEB – 01
Motion: 2023FEB – 02

Region:

Motion to transfer RDA2 line budget to RD
Regional Budget

New Business:

Area:

Motion #1
Motion #2
New Image starter pack
Convention
Discussion on Motion from last month
RCM Alt. Report Info.

Region:

Motion to amend policy.

Next ASC will be April 1, at Immanuel's House in Martinsburg, at 1:30pm.

Adjournment and Closing Prayer: Motion to close made by Lovell B. Seconded by Jason H.

ILS,

Misty M.
Secretary - Volunteer