

Almost Heaven Area

May 6, 2023

The Conference was opened by the Vice Chairperson (pro tem), Dan D., with a moment of silence, followed by the Serenity Prayer.

The Vision for NA Services read by Kristen S. The 12 Traditions read by Tanner B. The 12 Concepts read by Moe S. Purpose was read by Jason H.

Roll Call:

HOME GROUPS

Addicts Welcome:	P	P
End of the Road:	P	P
Foundations Group:	P	P
Free At Last:	P	P
Hope & Gratitude:	P	P
It's a Brand New Day:	P	P
Keep it Simple:	P	P
Miracles Do Happen:	A	A
Never Alone Never Again:	A	A
New Hope:	A	A
New Image:	P	P
Not High at Noon:	P	A
Spiritual Principles:	P	P
Start To Live:	P	P
Surrender To Win:	P	A
To Tell the Truth:	A	A
We Do Recover:	A	A

TRUSTED SERVANTS:

Chair:	A	A
Vice-Chair (Pro-tem):	P	P
Secretary (Pro-tem):	P	P
Treasurer:	P	P
RCM:	O	O
RCM-Alt:	A	A
VRCC:	O	O
Convention:	O	O
Literature:	P	P
Policy:	P	P

Quorum met with 12 GSRs present.

Review of Groups Not in Attendance for previous 2 months:

To Tell the Truth, New Hope, We Do Recover

Recognition of New Attendees and Interested Others:

Moe S. (alt GSR for Hope & Gratitude)

Secretary's Report: (Pro-tem)

Read April's old and new business. Minutes were approved as read.

ILS,

Cara D.

Chair's Report:

No report sent

Vice-Chair's Report: (Pro-

Tem) Brothers and Sisters in

Recovery,

Very grateful for the opportunity to serve in this capacity this past month.
We held the LSU on 4/20 with 6 addicts in attendance. I also have been attending the Special Events Task group. It's been a treat seeing 10-12 attendees at each meeting. Please reach out to me if you have anything I can help with.
ILS,
Dan D

Home Group Reports :

ADDICTS WELCOME:

GSR Rep: Jenn D.

Date & Time of Meeting: Monday 7:30-8:30 pm (hybrid)

Average Number of Attendees: 15

Number of Homegroup Members in Attendance: 5

Total Number of Newcomers: 0

Does your home group have any needs or concerns at this time? No

Upcoming Homegroup Events: Relocating to new room- still lower parking, two rooms to the left of old room

Are there any homegroup positions vacant? No

Group Contribution to Area: \$50

END OF THE ROAD:

GSR Rep: Cedric W.

Date & Time of Meeting: Tuesday from 7-8:15 (mens/womens raps) & Sunday from 3-4:30

Average Number of Attendees: 15-25

Number of Homegroup Members in Attendance: 2-4

Total Number of Newcomers: 10

Does your home group have any needs or concerns at this time? We need support.

Upcoming Homegroup Events: June 11, Rachel G., 19 years. July 22, EOTR Annual Speaker Jam- more to be revealed.

Are there any homegroup positions vacant? Secretary

Group Contribution to Area: \$0

FOUNDATIONS:

GSR Rep: Ron S.

Date & Time of Meeting: Saturday from 7-8:15pm & Sunday 5:30-6:45pm

Average Number of Attendees: 7

Number of Homegroup Members in Attendance: 10

Total Number of Newcomers: 0

Does your home group have any needs or concerns at this time? No

Upcoming Homegroup Events: June 25 @ 5:30pm, Foundations Home Group Anniversary

Are there any homegroup positions vacant? No

Group Contribution to Area: \$117

FREE AT LAST:

GSR Rep: Tanner B.

Date & Time of Meeting: Sunday from 6-7pm.

Average Number of Attendees: 4

Number of Homegroup Members in Attendance: 3

Total Number of Newcomers: 0

Does your home group have any needs or concerns at this time? No

Upcoming Homegroup Events: None

Are there any homegroup positions vacant? No

Group Contribution to Area: \$0

HOPE & GRATITUDE:

GSR Rep: Moe S.

Date & Time of Meeting: Monday & Friday from 7-8:15pm

Average Number of Attendees: 40

Number of Homegroup Members in Attendance: 11

Total Number of Newcomers: 8

Does your home group have any needs or concerns at this time? No

Upcoming Homegroup Events: none

Are there any homegroup positions vacant? No

Group Contribution to Area: \$0

IT'S A BRAND NEW DAY:

GSR Rep: Tho'mas G.

Date & Time of meeting: Wednesday from 7:30-8:30pm

Average Number of Attendees: 40

Number of Homegroup Members in Attendance: 11

Total Number of Newcomers: 8

Does your home group have any needs or concerns at this time? No

Upcoming Homegroup Events: May 17, Tho'm as G. 29 years. June 07, Donna W. 4 years

Are there any homegroup positions vacant? No

Group Contribution to Area: \$4

KEEP IT SIMPLE:

GSR Rep: Kristen S.

Date & Time of Meeting: Wednesday 7:30-8:30pm

Average Number of Attendees: 30

Number of Homegroup Members in Attendance: 13

Total Number of Newcomers: 7

Does your home group have any needs or concerns at this time? No

Upcoming Homegroup Events: June 7, Vernon S. 24 years. June 14, Jerome T. 15 years

Are there any homegroup positions vacant? No

Group Contribution to Area: \$15

MIRACLES DO HAPPEN:

Absent

NEVER ALONE NEVER AGAIN:

Absent
NEW HOPE:
Absent

NEW IMAGE:

GSR Rep: Paige R.
Date & Time of Meeting: Saturday from 7-8:15pm (Salvation Army). Wednesday from 6:30-7:30 (Otterbein Church)
Average Number of Attendees: 20
Number of Homegroup Members in Attendance: 3
Total Number of Newcomers: 4
Does your home group have any needs or concerns? no
Upcoming Homegroup Events: no
Are there any homegroup positions vacant? No
Group Contribution to Area: \$5

NOT HIGH AT NOON:

GSR Rep: Charles S.
Date & Time of Meeting: M-W-Th-F-S (Sat only, in person) 12 Noon
Average Number of Attendees: 10
Number of Homegroup Members in Attendance: 10
Total Number of Newcomers: 0
Does your home group have any needs or concerns at this time? No
Upcoming Homegroup Events: Sherron C., 24 years, June 10
Are there any homegroup positions vacant? No
Group Contribution to Area: \$0

SPIRITUAL PRINCIPLES:

GSR Rep: Cara D.
Date & Time of Meeting: Tuesday 7pm
Average Number of Attendees: 21
Number of Homegroup Members in Attendance: 3
Total Number of Newcomers: 9
Does your home group have any needs or concerns at this time? No
Upcoming Homegroup Events: No
Are there any homegroup positions vacant? none
Group Contribution to Area: \$0

START TO LIVE:

GSR Rep: Tricia D.
Date & Time of Meeting: Friday 8:15-9:15pm
Average Number of Attendees: 13
Number of Homegroup Members in Attendance: 5
Total Number of Newcomers: 3
Does your home group have any needs or concerns at this time? No
Upcoming Homegroup Events: June 2, Don V. 32 years
Are there any homegroup positions vacant? No
Group Contribution to Area: \$120

SURRENDER TO WIN:

GSR Rep: Sherron C.

Date & Time of Meeting: Thursdays 6-7:15pm.

Average Number of Attendees: 17

Average Number of Homegroup Members: 4

Total Number of Newcomers: 7

Does your home group have any needs or concerns at this time? No

Upcoming Homegroup Events: June 10, Sherron C. 24 years (NHAN)

Are there any homegroup positions vacant?

Group Contribution to Area: \$25

TO TELL THE TRUTH:

Absent

WE DO RECOVER:

Absent

Sherron C. motioned to change order of the day to move to nomination portion of agenda, seconded by Sherry R. Unanimous vote carried motion.

Trusted Servants Nominations and Elections:

Area:

Chair: Nominated: Dan D. qualifications given at April ASC

Home group, Sponsor that has a sponsor, GSR-Alternate, GSR several groups. Treasurer of home group, Serve H&I, PI Chair, Convention Vice Chair, Convention Chair, Knowledge of 12 traditions and 12 concepts, President and VP of several youth sports leagues, Management at my current job, (as well as several other companies – 20 yrs. total) and been clean since 4/25/1988.

ILS,

Dan D

Vice Chair: No Nominations. Dan D accepted appointment as Pro tem

Treasurer: Nominated: Kristen S accepted nomination. Gave verbal qualifications.

My clean date is 12-31-2019. I have been an active homegroup member since Hope and Gratitude was on zoom and when I was a voting homegroup member, I have been in service since Hope and Gratitude opened the doors after covid. I cleaned the home group and was a key holder and set and opened the meeting I held the chair position for approximately 9months. I continued to be of service throughout my time of Being a home group member at Hope and Gratitude. I even filled in as an alternate GSR for H&G. I have a strong sponsor family. My sponsor has a sponsor who has a sponsor I have a sponsee. My sponsor and her sponsor work the steps, I work the steps and I have very solid program and stay in a constant contact with my sponsor and surrounding network. I attend at

least 3 meetings a week sometimes more. I'm active in the special events task group for almost heaven area. My new homegroup is keep it simple. I switched home groups due to my recent move to the Martinsburg area, I felt that I was not able to be of service to H&G due to my move. I ave been in service to Keep It Simple I am the GSR for my homegroup. I have work a full-time job, I have a bank account I'm responsible with paying my personal obligations including bills, mortgage, car payments and ect. I have knowledge of excell spreadsheets, I use them daily in my job. I have experience working with accounts and business at my previous job. I have the willingness and the desire to stay clean and be a responsible member of Narcotics Anonymous. I want to hold my part and be an active member to lead the way to keep almost Heaven area going! Jen D. Also said she will be my mentor and walk me through the process and guide me until I feel comfortable taking over this position if granted.

Secretary: Nominated: Cara D accepted nomination. Gave verbal qualifications in April ASC.

- I have 2+ years of clean time
- I have a sponsor, that also has a sponsor
- I work the steps of Narcotics Anonymous
- My occupation requires me to be very detail-oriented
- I am dedicated and willing- Ex: I navigated and successfully started a NA meeting
- I have some clerical skills, including typing and technology aware

Cara D.

RCM: no nominations

VRCC Rep: no nominations

Convention: Nominated: Melody B. accepted nomination. Melody B. gave verbal qualifications April ASC. Unanimous yes vote, Melody B. appointed.

Sherron C. motioned to return meeting to regular business, seconded by Jenn D. Unanimous vote carried motion.

RCM Report: Position open.

RCM Alt. Report: Position open. Absent 2 consecutive AHA service meetings.

VRCC Rep. Report: Position open.

Email received by Vice Chair (Pro-tem):

“During our March Board meeting yesterday, the motion sent back from the AVCNA Review Ad-hoc Subcommittee was tabled. The motion was tabled to allow Directors to take the ideology, not the motion but simply the idea behind the motion, back to their areas to garner more discussion.

I am presenting the TABLED MOTION to you to allow you also to take it to your ASC. If you have responses or contributions to this matter, please attend our May retreat

meeting {details available later}, the next Ad-hoc meeting online on April 8th 1-3 p.m. or send the response to me by replying to this email.

Motion Maker: AVCNA Review Ad-hoc Subcommittee Seconder: New Dominion Director

Motion: To allow the VRCC to create a 3yr. rotation using the three locations of Richmond, VA, Roanoke, VA and Virginia Beach, VA to host the AVCNA.

Intent: To allow any Area to realistically host the AVCNA. To ensure financial security of the AVCNA. To simplify the bidding process by removing the need for a hotel fact finding sheet and the need for (3) bids from different hotels. To build an on-going relationship with the hotels.

Please note: the idea not clearly stated but implied and discussed is that we would or could use the same hotel each year in each location, thus creating an on-going relationship that could grow and foster better negotiating power.

We are aware that there are (10) Areas that do not have current representation at the VRCC. They are:

Almost Heaven

Blue Ridge

Gateway To Freedom

New River Valley

Outer Limits

Peninsula

Rappahannock

Richmond

Shenandoah Valley

Southside

One of the areas of discussion in the ad-hoc committee meeting was the need for fellowship input which further supports my decision to send this email to you. This is my motivation for providing this information to you and because you have attended previous ad-hoc meetings.

In Harmony, AVCNA Review Ad-hoc Chair, Vicky B.”

Service Reports:

LSC(Local Service Committee):

We met on Thursday April 20, 2023 at 7:00 p.m. via zoom. There were 6 members in attendance.

Next LSC meeting will be held on May 18 at 6:00, via Zoom. Link -

<https://us02web.zoom.us/j/84924978455>

Meeting ID: 849 2497 8455

MRC (Mountaineer Recovery Center)

H and I report for MRC. We are still going in to MRC every Wednesday. We currently have two trusted servants going in every week, alternating between the men and women side. The attendance averages from 15 to 20 clients on both sides any given Wednesday. MRC is requiring masks until further notice due to an outbreak of Covid and Strep at the ERJ. I L S, Thaddeus M.

PR Task Group Report

Update of Tasks:

We continue to meet the 3rd Monday of each month in-person at 6:00 pm.

Please visit our website @ <https://almostheavenareana.org>. Please continue to send meeting updates to the ahana-pr@outlook.com.

We met on April 17, 2023, at 6 pm. We had no outreach events this month. We have several events scheduled for the coming month. We discussed some other ways of reaching out to potential members and one task group member is going to be calling organizations that are already offering services.

Starting next month, we will start to read portions of the Public Relations Handbook at the start of the meeting. We found this to be very beneficial in the past.

We have reached out to ERJ, CSRC, and MCTC

We continue to monitor the webpage and ask that you please let us know as soon as changes are made to your homegroups.

If you know of any events that we could participate in, please email us.

Our next meeting will be May 15, 2023, 6:00 pm

@ 925 Foxcroft Avenue (Starbucks) Martinsburg WV, 25401

Please help carry our message into the community so that no addict seeking recovery need die!

ILS

Almost Heaven Area

Public Relations Task Group

Narcotics Anonymous

Special Events Task Group

Capture the Flag Culmination

CtF Speaker Jam May 13th from 2-5, at Otterbein Church – 108 E Franklin St Hagerstown, MD. There will be a speaker to open, awarding of prizes, then speaker to close the event. Budget was presented to LSC at the April meeting. The budget for the event is set at a maximum of \$429.34. Expected donations should bring this amount down \$50 or more. We expect 40-60 addicts to attend. Please take flyers with you and distribute at your home group. (Itemized budget attached)

Next event to be planned – H&I Orientation Event – MTBR

Next meeting May 18 at 7:00. Looking to hold meeting in WV to encourage attendance from the south side of the river. MTBR

Crisis Support Recovery Center-CSRC

Have not received any information about a restart. Will call shortly to get update.

Crisis Support Recovery Center AHA H&I Task Group

MCTC and Washington Co Detention Center (Men's and Women's sides)

Both of these facilities have reached out to ask for AHA support in restarting/bringing a meeting in on a regular basis. Both programs are tentative to begin early summer 2023. We need H&I Task Group coordinator for this process. Please consider taking the lead on this.

ILS,

Dan D

Vice Chair Pro-Tem

Convention:

A Convention Committee meeting was held on April 26th 6:30 at Keep It Simple, two were in attendance. We discussed things we could do to move in the direction of having our next Almost Heaven Area Convention. Our next meeting will be May the 9th 6:15 at Keep It Simple.

In Loving Service,
Melody B

Policy:

The policy subcommittee met at 7pm on Zoom and there were four in attendance. The first task was the transitioning the term LSU (Local Service Unit) to (LSC) Local Service Committee. The Revised policy was then proofread and emailed to PR by the Policy Chair. The next task was the issue of the word income in the duties and responsibilities of the service positions in the policy. It was agreed to continue to strive for a suitable solution at the next meeting which would be on May 11 at 7pm on Zoom (almostheavenna.org).

ILS,

Cedric W.

Literature Report:

Literature Report

May 6, 2023

Beginning Balance. \$36.01

Literature Deposit. \$520.94

Balance \$55695

Literature Ordered. \$296.84

Expenses. \$4.80

Current Balance \$255.31

In loving service: Ronnie W.

Budget Requests: None

Break

2nd Roll Call: Quorum met with 10 GSRs.

Announcements:

5/9 - Ferdinand B. celebrates 21 yrs @ New Hope

5/10 - Convention Committee meeting 6:15p @ Keep It Simple

5/11 - Policy Subcommittee 7p, via Zoom

5/13 - Capture the Flag Finale Speaker Jam 2-5p @ Otterbein Methodist 108 E Franklin St Hagerstown

5/15- PR Task Group Mtg 6p @ Starbucks, 925 Foxcroft Dr, Martinsburg

5/17 - Tho'mas G. celebrates 29 yrs @ It's A Brand New Day

5/18 - LSC Mtg 6p, via Zoom

6/2 - Don V. celebrates 32 yrs @ Start To Live

6/7 - Vernon S. celebrates 24 yrs @ Keep It Simple

6/7 - Donna W. celebrates 4 yrs @ It's A Brand New Day

6/10 - Sherron C. celebrates 24 yrs @ Not High At Noon

6/11 - Rachel G. celebrates 19 yrs @ End Of The Road

6/14 - Jerome T. celebrates 15 yrs @ Keep It Simple

6/29 - Foundations Homegroup Anniversary, 5:30p

7/22 - End of the Road Annual Speaker Jam (more to be revealed)

8/16 - Sherry R. celebrates 23 yrs @ It's A Brand New Day

All Zoom information can be found on the AHA website www.almostheavenareana.org

Treasurer's Report:

Funds received at April 1, 2023 ASC from groups and literature were deposited to Truist on Monday 4/3 and Tuesday 4/4.

The amount available above prudent reserve is \$331.80. Per AHA Guidelines \$165.90 (½ above prudent reserve) is sent to the Region.

How do the GSR's want the remaining \$165.90 distributed? Contribution to NAWS ILS,

Jenn D. ahana-treasurer@outlook.com,

New Business:

Area:

Motion:

Motion Maker: Ron S. Second: Sherron C. (Surrender To Win)

Motion: To change policy concerning 2 consecutive absences that a chair position will be vacated to 2 consecutive absences and there will be a discussion for removal depending on the circumstances.

Intent: To reflect region's policy, in order to allow leniency in the event of an excusable absence.

Amendment: Change wording from "chair person" to "trusted servant"

Pros: Due to limited participation in area service, this allows participation from willing servants and to ultimately allow business to be completed. Sherry R.

To allow a position to be filled by a willing member and to allow continuity of service. Moe S.

Cons: A member that misses 2 or more area service meetings could miss a lot of critical/Important information. Cara D.

Missing area service 2 or more times diminishes the importance of participation. Jason H.

Region:

None

Review of Business:

Vice Chair Pro tem reviewed the meeting.

Next ASC will be June 3rd at Immanuel's House, 713 Buxton St. Martinsburg, WV, at 1:30pm.

Adjournment and Closing Prayer: Motion to close made by Ron S. Foundations 2nd by Sherry R. It's A Brand New Day

ILS,

Cara D., Secretary (Pro-tem)

NOMINATIONS TO DISCUSS AT HOMEGROUPS

Area

Chair: Nominated Dan D. (serving Vice Chair Pro Term)

Vice Chair: no nominations

Treasurer: Nominated Kristen S.

Secretary: Nominated Cara D. (serving Pro Tem)

RCM: no nominations

RCM alt: position open

VRCC Rep: no nominations

Region:

Vice Treasurer: Open since June 20, 2015.

Speaker Jam: Open since June 20, 2020.

Vice Chair: Open since June 19, 2021.

H&I Chair: Open since February 18, 2021.

Policy Chair: Open since April 17, 2022.

RD:

RDA:

Chair:

Secretary: